

# HAPPENINGS

Williamson County Parks and Recreation

Franklin Recreation Complex  
1120 Hillsboro Road  
Franklin, TN 37064  
(615) 790-5719

Longview Recreation Center  
2909 Commonwealth Drive  
Spring Hill, TN 37174  
(615) 302-0971

[www.wcparksandrec.com](http://www.wcparksandrec.com)

## AMISH COUNTRY TOUR AND LUNCH

THURSDAY, APRIL 15TH

We begin our motor coach trip to Ethridge, Tennessee with a wagon tour into the heart of Amish country. In a horse-drawn covered wagon, we will experience a fun-filled ride as we take a first-hand glance at the life on the Amish farms. We will see farming done the "old-fashioned" way, with horse, drawn equipment. On our tour, we will be able to purchase many homemade Amish goods, including jams, jellies, cookies, sorghum molasses, baskets, and other crafts. After our tour, we will eat an authentic Amish meal, served family-style, with a dessert and a drink. Come prepared to learn and experience this interesting culture! Please note: No cameras are allowed on the tour!

**FACILITY:** Franklin Recreation Complex

**PHONE:** 790-5719, ext. 10

**COST:** \$45.00 (All Inclusive)

**TIME:** 8:00am Check In/3:30pm Return

**REGISTRATION:** March 26th-April 9th (Or until full)



# SAM DAVIS HOUSE & PULEO'S GRILLE

WEDNESDAY, APRIL 21ST

Our day starts with a comfortable bus trip to Smyrna, TN to visit the Sam Davis House. Our tour takes us back in time to the 1800's, where we will hear the story of Civil War legend, Sam Davis, and visit the family home. The historic Sam Davis Home was built around 1810, and renovated in the 1850's by the Davis family. It is characteristic of a southern upper middle-class family of those times. The home contains over 100 original family pieces, and the floors, doors and most of the woodwork are original to the 1850 house. The home sits on a 160 acre farm where cotton is still grown today. After this interesting tour, we will enjoy a delicious Dutch treat lunch at Puleo's Grille in Murfreesboro. This restaurant offers something for everyone: burgers, sandwiches, soups, salads, and much more.

**FACILITY:**

Longview Recreation Center

**PHONE:**

302-0971, ext. 10

**COST:**

\$28.00 (Lunch is Dutch Treat)

**TIME:**

8:45am Check In/3:30pm Return

**REGISTRATION:**

March 24th-April 13th (Or until full)



## HOLIDAY SCHEDULE

April 1st: Longview Recreation Center closed for maintenance

April 2nd (Good Friday): Facilities closed

April 3rd: Facilities closed

April 4th (Easter): Facilities closed

May 31st (Memorial Day): Facilities closed



# GENERAL JACKSON

WEDNESDAY, MAY 12TH

It's time for Senior Day on the General Jackson! Enjoy a pleasant trip to Nashville, Tennessee aboard a comfortable motor coach. Upon our arrival, we will enjoy a delicious lunch and festive entertainment as we cruise down the Cumberland River. Space is limited, so register early! Don't miss this annual event!



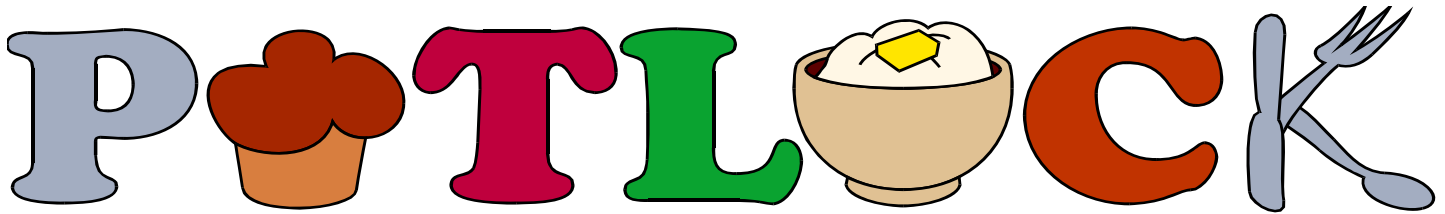
<u>FRANKLIN</u>	<u>LONGVIEW</u>
<b>PHONE:</b> 790-5719, ext. 10	<b>PHONE:</b> 302-0971, ext. 10
<b>COST:</b> \$42.00 (All inclusive)	<b>COST:</b> \$42.00 (All inclusive)
<b>TIME:</b> 9:45am Check In/3:00pm Return	<b>TIME:</b> 8:45am Check In/4:30pm Return
<b>REGISTRATION:</b> April 16th-May 7th (Or until full)	<b>REGISTRATION:</b> April 16th-May 7th (Or until full)

## CHAIR YOGA

Come out and bring a friend and experience the wonderful benefits of chair yoga! Chair yoga allows people of all ages and abilities to experience a great workout that is practiced sitting in a chair, or standing using the chair for support. Yoga helps build strength and flexibility. This class also focuses on teaching breathing techniques, posture and promotes health and relaxation. Don't miss this great opportunity!

**FACILITY:** Longview Recreation Center  
**PHONE:** 302-0971, ext. 10  
**DATE:** April 26th (Monday)  
**COST:** \$6.00  
**TIME:** 9:45am-10:30am  
**REGISTRATION:** March 22nd-April 24th





**POTLUCK AND BINGO**

“You can fool all the people some of the time, and some of the people all the time, but you cannot fool all the people all the time.” -Abraham Lincoln

Come enjoy a delicious lunch with friends. Afterwards, we will have fun playing Bingo for great prizes. Don't miss this exciting afternoon!

<b><u>FRANKLIN</u></b>	<b><u>LONGVIEW</u></b>
<b>PHONE:</b> 790-5719, ext. 10	<b>PHONE:</b> 302-0971, ext. 10
<b>DATE:</b> April 19th (Monday)	<b>DATE:</b> April 13th (Tuesday)
<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.	<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.
<b>TIME:</b> 12:00pm-2:00pm	<b>TIME:</b> 12:00pm-2:00pm
<b>REGISTRATION:</b> March 8th-April 18th	<b>REGISTRATION:</b> March 16th-April 8th

Join us for our potluck and bingo! We will enjoy a delicious meal, and afterwards, have fun playing bingo! This is guaranteed to provide you with a fun time!

<b><u>FRANKLIN</u></b>	<b><u>LONGVIEW</u></b>
<b>PHONE:</b> 790-5719, ext. 10	<b>PHONE:</b> 302-0971, ext. 10
<b>DATE:</b> May 17th (Monday)	<b>DATE:</b> May 11th (Tuesday)
<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.	<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.
<b>TIME:</b> 12:00pm-2:00pm	<b>TIME:</b> 12:00pm-2:00pm
<b>REGISTRATION:</b> April 19th-May 16th	<b>REGISTRATION:</b> April 20th-May 6th

Once a year, we invite the grandchildren to join Grandpa and Grandma at our June Potluck for hotdogs and a game of Bingo! Please include the age of your grandchildren at the time of registration, so we can have age appropriate prizes. See below for dates.

<b><u>FRANKLIN</u></b>	<b><u>LONGVIEW</u></b>
<b>PHONE:</b> 790-5719, ext. 10	<b>PHONE:</b> 302-0971, ext. 10
<b>DATE:</b> June 21st (Monday)	<b>DATE:</b> June 15th (Tuesday)
<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.	<b>COST:</b> Free! Please remember to bring a side dish or dessert to share.
<b>TIME:</b> 12:00pm-2:00pm	<b>TIME:</b> 12:00pm-2:00pm
<b>REGISTRATION:</b> May 17th-June 20th	<b>REGISTRATION:</b> May 27th-June 10th

## **BOWLING**

Like to bowl, but without the commitment of a league? Then join us for our drop-in bowling. No registration required!

**LOCATION:** Franklin Family Entertainment Center

**DATES:** April 6th-April 13th

**TIME:** 9:30am

**COST:** \$1.00 per game paid directly to Franklin Family Entertainment Center



## **BRAIN GAMES**

"An idea not coupled with action will never get any bigger than the brain cell it occupied."

-Arnold H. Glasow

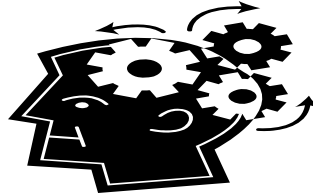
Come out to Longview for this fun morning full of games and even a chance to meet new people! A light snack will be provided.

**FACILITY:** Longview Recreation Center

**PHONE:** 302-0971, ext. 10

**TIME:** 10:00am-11:30am

**COST:** Free!



**DATE:** April 14th (Wednesday)  
**REGISTRATION:** March 31st-April 11th  
**GAME:** Scrabble-Challenge yourself and your opponent by using the letters you are given to form words. Each letter has a different point value, so the strategy becomes to play words with high scoring letter combinations.

**DATE:** 19th (Wednesday)  
**REGISTRATION:** May 6th-May 18th  
**GAME:** Last Word-For this board game, players will have to come up with items in a given category that start with a certain letter. This game is sure to give you lots of laughs!



### **IN RECOGNITION OF NATIONAL SENIOR HEALTH AND FITNESS DAY 2010**



The following classes are **FREE** to anyone ages 55 and up! See the "Ongoing Activities" section for class descriptions.

#### **FRANKLIN RECREATION COMPLEX**

On Wednesday May 26th

**AQUAMOTION:** 8:15am-9:00am

**POWER TOOLS:** 2:00pm-3:00pm

#### **LONGVIEW RECREATION CENTER**

On Tuesday May 25th

**AQUAMOTION:** 1:00pm-2:00pm

## ONGOING ACTIVITIES

### POWER TOOLS

This class designed to increase strength and flexibility for independent living. Wear comfortable clothes. No registration required! **Please note: Power Tools will not meet the first Wednesday of each month.**

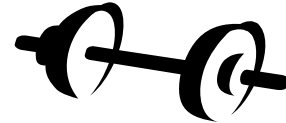
**FACILITY:** Franklin Recreation Center

**DAYS:** Mondays, Wednesdays, and Fridays (No Power Tools 4/2, 4/7, 5/5, 5/31, and 6/2)

**COST:** \$3.00 per class

**TIME:** 2:00pm-3:00pm

**INSTRUCTOR:** Nancy Rieves



### ZUMBA GOLD

Come join this exciting and innovative fitness program designed for the active older adult! For the true beginner or for the people who may be limited physically, this Latin style of dance and music is sure to be fun!

#### FRANKLIN

**DAYS:** Tuesdays

**COST:** \$3.00

**TIME:** 11:00am-12:00pm

**INSTRUCTOR:** Marlaine Collins

#### LONGVIEW

**DAYS:** Mondays (No Zumba Gold 5/31)

**COST:** \$3.00

**TIME:** 2:00pm-3:00pm

**INSTRUCTOR:** Marlaine Collins



### AQUAMOTION (Arthritic/Post Rehab Water Class)

Is the pain of everyday living getting you down? Then get up and join our class! Aquamotion provides an opportunity for people with arthritis and post rehab conditions improve flexibility, coordination, and muscle strength. No registration required! Please pay the front desk before the class!

#### FRANKLIN

**DAYS:** Mondays, Wednesdays, and Fridays  
(No Aquamotion 4/2 and 5/31)

**COST:** \$2.00 (Ages 55 and older) per class  
\$3.00 (Ages 54 and under) per class

**TIME:** 8:15am-9:00am

**INSTRUCTOR:** Heather Atkinson

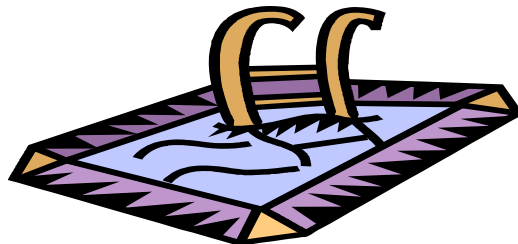
#### LONGVIEW

**DAYS:** Tuesdays and Thursdays

**COST:** \$2.00 (Ages 55 and older) per class  
\$3.00 (Ages 54 and under) per class

**TIME:** 1:00pm-2:00pm

**INSTRUCTORS:** Hyla Kipp (Tuesdays)  
Susan Lombardo (Thursdays)



## SENIOR SERVICE CLUB

# THANK YOU!

A **BIG** "Thanks" to those who volunteered to label and staple the "Happenings" and "Recreation Review" in December:

Anita Cheek \* Calvin Cheek \* Larry Drake \* Pat Drake \* Charlotte Dyer \* Floyd Dyer \* Jim Eddy  
Boris Georgeff \* Jack Hampton \* Florence Hanewinckel \* Betty Powers \* Jean Rarick \* Jerry Slatton  
Shirley Slatton \* Ben Speiker \* Joan Speiker \* Ronald Wiese \* Renate Wolffe

A **BIG** "Thanks" to those who volunteered at Breakfast with Santa in December:

Jean Caum \* Betty Powers \* Carolyn Wilson \* Renate Wolffe \* Linda Woodside

### LABELERS

We are looking for volunteers to help fold, label, and bind the "Happenings" and "Recreation Review" newsletters.

#### FRANKLIN

**DATE:** June 14th (Monday)

**TIME:** 10:00am

**PHONE:** 790-5719, ext. 10

#### LONGVIEW

**DATE:** June 8th (Tuesday)

**TIME:** 9:00am

**PHONE:** 302-0971, ext. 10



### VOLUNTEERS ARE NEEDED!

Volunteers are needed to help serve lunch to the Special Olympics athletes at the Spring Games.

**LOCATION:** Brentwood High School

**DATE:** April 30th (Friday)

**TIME:** 10:00am

**PHONE:** 790-5719, ext. 10

### FLIP (FRIENDS LEARNING IN PAIRS) NEEDS YOU!

Help a child's future grow... Volunteer... and help a child learn to read!

- One day a week for 2 hours during the school day; one-on-one tutoring with the same 4 students each week.
- K-4th grade meets adults 55+; be a friend and mentor; enrich your life.
- Mathematics pilot program begins this year.
- Williamson County Schools and FSSD locations (14 total)

For more information, please contact Shirley Bledsoe at 376-4332 or [sbledsoe@fiftyforward.org](mailto:sbledsoe@fiftyforward.org)

### INCLEMENT WEATHER POLICY

Please call either 790-5719, ext. 25 for Franklin activities or 302-0971, ext. 18 for Longview activities the day of the activity for cancellation information. For inclement weather updates on facility closures or class cancellations, please call the department's Inclement Weather Hotline at 591-8524. There will be no FLIP if the Williamson County Schools are closed.

## POLICIES

### REGISTRATION POLICY

All registration dates are included in the activity description. Registration will begin at 9:00am on the first date listed (no registrations will be taken before that time). Registrations for trips or programs can be made in person or phoned in to the receptionist. You must speak with a receptionist in order to make your reservation. **Please note: Messages are not accepted when making a reservation!** For phone registrations, please call 790-5719, ext. 10 (Franklin Recreation Complex) or 302-0971, ext. 10 (Longview Recreation Center). **Please note: Registrations will take place at the facility where the day trip or program is being offered.** In order to hold your reservation, payments must be received within 5 days of registration. Payments can be...

1. Mailed in
2. Phoned in (i.e. credit card, but total must be \$20.00 or more and will include a small processing fee)
3. Paid in person

**Please note: Due to the high interest in our day trips, individuals may register up to 1 other person for a trip.**

### TRIP CANCELLATION POLICY

Refunds are available through the last day of registration. After the final registration date, most trips are nonrefundable unless your spot can be filled by someone off the waiting list. Please remember to call 790-5719, ext. 25 (Franklin Recreation Complex) or 302-0971, ext. 18 (Longview Recreation Center) to cancel.

### PROGRAM CANCELLATION POLICY

Refunds can be requested up to 24 hours before the program. After that point, most programs are nonrefundable unless your spot can be filled by someone off the waiting list. Please remember to call 790-5719, ext. 25 (Franklin Recreation Complex) or 302-0971, ext. 18 (Longview Recreation Center) to cancel.

### PLEASE NOTE:

While the Parks and Recreation Department makes EVERY effort to ensure that all information provided regarding our programs and facilities is listed as accurately as possible, please understand that we reserve the right to make necessary changes to the benefit of our patrons and the operation of the department.

### CONTACT INFORMATION

<b>TRIP OR PROGRAM REGISTRATION:</b>	Franklin: 790-5719, ext. 10 Longview: 302-0971, ext. 10
<b>MARY CLARK (LONGVIEW):</b>	302-0971, ext. 18
<b>TRACI HAMBY (FRANKLIN):</b>	790-5719, ext. 25



# APRIL 2010

## Key

FRC= Franklin Recreation Complex  
LRC=Longview Recreation Center

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT/SUN</u>
			<b><u>1</u></b> No Aquamotion (LRC)  Longview Facility Closed	<b><u>2</u></b> All Facilities Closed	<b><u>3/4</u></b> Longview Facility Closed (Saturday)  All Facilities Closed (Sunday)
<b><u>5</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>6</u></b> 9:30 Bowling (Franklin Lanes) 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>7</u></b> 8:15-9 Aquamotion (FRC) <b>No Power Tools</b>	<b><u>8</u></b> 1-2 Aquamotion (LRC)	<b><u>9</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>10/11</u></b>
<b><u>12</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>13</u></b> 9:30 Bowling (Franklin Lanes) 11-12 Zumba Gold (FRC) 12-2 Potluck (LRC) 1-2 Aquamotion (LRC)	<b><u>14</u></b> 8:15-9 Aquamotion (FRC) 10-11:30 Brain Games (LRC) 2-3 Power Tools (FRC)	<b><u>15</u></b> 8-3:30 Amish Country Tour & Lunch (FRC) 1-2 Aquamotion (LRC)	<b><u>16</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>17/18</u></b>
<b><u>19</u></b> 8:15-9 Aquamotion (FRC) 12-2 Potluck (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>20</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>21</u></b> 8:15-9 Aquamotion (FRC) 8:45-3:30 Sam Davis/Peleo's (LRC) 2-3 Power Tools (FRC)	<b><u>22</u></b> 1-2 Aquamotion (LRC)	<b><u>23</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>24/25</u></b>
<b><u>26</u></b> 8:15-9 Aquamotion (FRC) 9:45-10:30 Chair Yoga (LRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>27</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>28</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>29</u></b> 1-2 Aquamotion (LRC)	<b><u>30</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	

# MAY 2010

Key  
 FRC= Franklin Recreation Complex  
 LRC=Longview Recreation Center

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT/SUN</u>
					<u>1/2</u>
<b><u>3</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>4</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>5</u></b> 8:15-9 Aquamotion (FRC) <b>No Power Tools</b>	<b><u>6</u></b> 1-2 Aquamotion (LRC)	<b><u>7</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<u>8/9</u>
<b><u>10</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>11</u></b> 11-12 Zumba Gold (FRC) 12-2 Potluck (LRC) 1-2 Aquamotion (LRC)	<b><u>12</u></b> 8:15-9 Aquamotion (FRC) 8:45 or 9:45 General Jackson (LRC, FRC) 2-3 Power Tools (FRC)	<b><u>13</u></b> 1-2 Aquamotion (LRC)	<b><u>14</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<u>15/16</u>
<b><u>17</u></b> 8:15-9 Aquamotion (FRC) 12-2 Potluck (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>18</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>19</u></b> 8:15-9 Aquamotion (FRC) 10-11:30 Brain Games (LRC) 2-3 Power Tools (FRC)	<b><u>20</u></b> 1-2 Aquamotion (LRC)	<b><u>21</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<u>22/23</u>
<b><u>24</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>25</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>26</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>27</u></b> 1-2 Aquamotion (LRC)	<b><u>28</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<u>29/30</u>
<b><u>31</u></b> <b>All Facilities Closed</b>					

# JUNE 2010

Key  
 FRC= Franklin Recreation Complex  
 LRC=Longview Recreation Center

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT/SUN</u>
	<b><u>1</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>2</u></b> 8:15-9 Aquamotion (FRC) <b>No Power Tools</b>	<b><u>3</u></b> 1-2 Aquamotion (LRC)	<b><u>4</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>5/6</u></b>
<b><u>7</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>8</u></b> 9 Labelers (LRC) 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>9</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>10</u></b> 1-2 Aquamotion (LRC)	<b><u>11</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>12/13</u></b>
<b><u>14</u></b> 8:15-9 Aquamotion (FRC) 10 Labelers (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>15</u></b> 11-12 Zumba Gold (FRC) 12-2 Potluck (LRC) 1-2 Aquamotion (LRC)	<b><u>16</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>17</u></b> 1-2 Aquamotion (LRC)	<b><u>18</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>19/20</u></b>
<b><u>21</u></b> 8:15-9 Aquamotion (FRC) 12-2 Potluck (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>22</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>23</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>24</u></b> 1-2 Aquamotion (LRC)	<b><u>25</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)	<b><u>26/27</u></b>
<b><u>28</u></b> 8:15-9 Aquamotion (FRC) 2-3 Zumba Gold (LRC) 2-3 Power Tools (FRC)	<b><u>29</u></b> 11-12 Zumba Gold (FRC) 1-2 Aquamotion (LRC)	<b><u>30</u></b> 8:15-9 Aquamotion (FRC) 2-3 Power Tools (FRC)			

**WILLIAMSON COUNTY  
PARKS AND RECREATION  
1120 HILLSBORO ROAD  
FRANKLIN, TN 37064**

Pre-Sorted  
Standard  
U.S. Postage  
PAID  
Franklin, TN  
Permit No. 70

## **UPCOMING EVENTS:**

Franklin Recreation Complex:

July 12th: Potluck and Bingo

August 16th: Potluck and Bingo

September 27th: Potluck and Bingo

Longview Recreation Center:

July 20th: Potluck and Bingo

August 17th: Potluck and Bingo

September 21st: Potluck and Bingo