

EXCEL AQUATICS
Age Group

Individual Records Report for XCELLC-L

2010 Long Course Southeastern Championship 22-Jul-10 to 25-Jul-10 LC Meters
EXCELAQUATICS [XCEL-SE] Coach: Mark Walker

Women 10 & Under 50 Breast

41.46	KELLER HAWKINS at EXCEL Cinco de Mayo LC Meet	5/2/2003	XCEL
41.09 **	Grace A. Hines at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women 10 & Under 100 Breast

1:31.58	Grace A. Hines at 2010 SE Volunteer Invitational	6/18/2010	XCEL
1:29.83 **	Grace A. Hines at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women 11-12 100 Free

1:03.15	Maddie HOFF at 2009 SE LC Southeastern Championships	7/23/2009	XCEL
1:02.15 **	REBEKAH F. FRIDAY at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women 11-12 200 Free

2:17.19	Maddie HOFF at SPEEDO International Age Group Invitational	6/25/2009	XCEL
2:14.52 **	REBEKAH F. FRIDAY at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women Senior 100 Breast

1:14.69	KIMBERLY N. DAVIS at 2010 Long Course Speedo Champions Series	7/15/2010	XCEL
1:14.37 **	Jamie O. Bruce at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women Senior 200 IM

2:26.43	KIMBERLY N. DAVIS at 2008 SE Southeastern LC Championships	7/17/2008	XCEL
2:21.68 **	Jamie O. Bruce at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Women Senior 400 IM

5:04.21	SARAH B. SARGENT at 2007 Speedo Champions Series	7/12/2007	XCEL
5:04.14 **	Jamie O. Bruce at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Men 10 & Under 200 Free

2:24.13	Joey CARBONE at 2007 SE NAC Summer Sizzler	6/22/2007	XCEL
2:23.18 **	Trey Freeman at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Men 10 & Under 100 Back

1:17.63	DAKOTA HODGSON at SE LC CHAMPIONSHIPS	7/25/2002	XCEL
1:15.87 **	Trey Freeman at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

EXCELAQUATICS
Age Group

Individual Records Report for XCELLC-L

2010 Long Course Southeastern Championship 22-Jul-10 to 25-Jul-10 LC Meters
EXCELAQUATICS [XCEL-SE] Coach: Mark Walker

Men 13-14 50 Free

25.76	Grant M. Stafford at 2009 SE LC Southeastern Championships	7/23/2009	XCEL
25.52 **	Joey CARBONE at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Men 13-14 100 Free

56.10	Chris Housden at SE LC Championship 2003	7/24/2003	XCEL
55.81 **	Joey CARBONE at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE

Men Senior 800 Free

8:23.92	Robbie Graves at 2010 Long Course Speedo Champions Series	7/15/2010	XCEL
8:22.81 **	Robbie Graves at 2010 Long Course Southeastern Championship	7/22/2010	XCEL -SE