

Renewal House Annual Report

for Fiscal Year July 1, 2007 - June 30, 2008

Executive Director's Report on Operations



Over the last six months, the Renewal House campus has been abuzz with the banging of hammers and zinging of saws. Several facilities projects, in the works for years, came together simultaneously in the first six months of

2008. Behind the A Building, we have replaced a run down, caged playground with a beautiful community backyard. The new space includes a deck with covered seating, a chalk mural wall, new swings, a play fort, and beautiful landscaping. This new playground provides important space for enhanced mother/child engagement. A volunteer group has already hosted a picnic for the clients on the new deck.

Inside the A Building, we have relocated several offices to make way for a family computer learning center. Technology plays an ever increasing role in today's society, and we do not want Renewal House families to fall behind. The learning center contains five adult computer stations, two children's stations, and a reading nook. In addition to family use, the computer lab is a resource for client vocational and life skills groups and staff training.

Rental units in the B Building received energy upgrades including: replacement of window units with central heat and air, new windows and doors. Tenants have already seen a decrease in their utility bills. With these improvements, these recovery friendly apartments better meet the definition of truly "affordable" housing.

The entire campus has also benefited from security improvements. Cameras have been installed over exit doors and parking lots. We can view all these areas from a central computer screen and can review digital recordings to investigate incidents. An electronic card key system was installed, as well as additional perimeter fencing.

Throughout these renovations, Renewal House continued to provide quality services to women struggling with addiction and their children. During fiscal year 2007-08, the Residential Program provided supportive services such as: housing, case management, parenting, life skills and vocational services for 35 mothers and their children. During that time, 8 mothers living at Renewal House had babies. Thirteen women in the residential program held jobs for 90 days and eight women held their jobs for at least six months. Fifty-four children and their mothers participated in Project MAGIC, Renewal House's unique substance abuse prevention program designed in partnership with Vanderbilt University through the leadership of Dr. Barbara Engelhardt-Wilson.

The Renewal House Intensive Outpatient Program continues to provide FREE licensed addiction treatment for women, including support services such as transportation and case management. According to a study conducted by the University of Memphis, Institute for Substance Abuse Treatment Evaluation, 87.5% of Renewal House clients surveyed reported abstinence since treatment and improved physical health. A 100% unemployment rate at admission decreased to 25% at follow-up.

The IOP provided treatment to 43 clients over the last year and 26 completed. Thirty-seven clients participated in the new Pre-Treatment component, designed to engage clients who have never experienced treatment before, express ambivalence about the severity of their addiction, or have a history of non-compliance with treatment. The goal of Pre-Treatment is to educate and engage these clients to fully participate in treatment. With the addition of mental health services, 27 clients showed improvement in mental health status.

As you can see, we had another year of tremendous growth at Renewal House. We are extremely grateful to the many financial donors and volunteers who pitched in to make this progress possible.

President's Report



It is no secret that the economy is strained. Like families and other businesses, non-profit agencies are feeling the pinch. Renewal House continues to be blessed with a solid diversity of funding streams. Maintaining existing resources and cultivating new funders is a top priority. Renewal House has a talented Board of Directors who are up to the challenge.

Thank you to the many supporters who make the work at Renewal House possible. We look forward to another year of strong partnerships and growth.

-Beth Fortune, President, Board of Directors

Wow! The first six months of 2008 were a time of unprecedented activity on the Renewal House campus. The transformation is dramatic. The bulk of this work was actually completed while Jude White, executive director, was out on maternity leave. I want to recognize and appreciate all the staff, board members and volunteers who not only kept the agency running but accomplished major renovations while Jude was out.

Over the last fiscal year, Renewal House continued to make progress under its strategic plan, Picture 2010. The agency regularly connects with other family based recovery programs across the country to discuss best practices and new initiatives. The number of Renewal House clients with co-occurring addiction and mental illness continues to grow. This spring Renewal House staff attended a series of three training sessions to build stronger capacity to serve these clients. The agency has also lengthened the continuum of care by offering in home recovery support sessions to clients living in the recovery apartments. Recovery from addiction is a lifetime journey, and Renewal House wants to share the journey with its clients for as long as possible.

In June 2008, Renewal House negotiated a deal to purchase eight acres adjacent to the campus. This purchase more than doubles the size of the Renewal House property and provides an opportunity for investment and expansion. Determining the best use of this property will be a major focus for the Board of Directors in the near future.

Renewal House Income vs. Expenses for Fiscal Year 2008*

INCOME

Government Contracts/Grants	\$970,368
Fundraising	\$280,964
Rental Income	\$49,085
TennCare	\$6,830
Resident Fees	\$8,010
United Way	\$49,211
Other	\$3,812
TOTAL INCOME	\$1,368,280

EXPENSES

Residential Program	\$1,097,950
Nonresidential Program	\$121,256
Intensive Outpatient Program	\$119,111
Fundraising	\$22,964
Other	\$7,075
TOTAL EXPENSES	\$1,368,356

*These are unaudited numbers.
An audit will be completed in November 2008.