

Balancing Child Needs and Family Resources: Non-Parental Care and Education, Dick Clifford (3/10): By the early 1990's more than half of women with a child under age 1 were in the paid labor force, a radical shift from only a few decades before. The economic reality is that the average entering wage for men coming into the workforce is actually lower than it was 15 years ago. So, large numbers of women entered the workforce to help maintain and increase the financial resources of the family. While this has been good in many ways, the decision for one or both of the parents to work outside the home brings with it difficult choices. We will explore and discuss the ethical and moral issues facing young families with children. Session leader Dick Clifford is a Senior Scientist at the FPG Child Development Institute at UNC. For more than 25 years, he has studied public policies and advised government officials and practitioners on policies affecting children and families. A spouse, parent, and grandparent, Dick has served Binkley Church in many ways, including as church moderator in 2009.

Talk to Your Kids About Money Before They Hear It From Somebody Else, Maureen Rosen (3/17): Since 2001, Mo has worked with parents and teens, separately and together, to promote basic financial literacy. Bring your questions as we discuss modeling good financial behavior, teaching about budgeting and saving, stressing “needs” versus “wants”, and tracking spending. In addition to being a parent and spouse, Maureen is Binkley’s Office Manager.

Family Nutrition, Kay Pratt (3/24): In our daily family life, mealtimes offer opportunities to live our values. This session will offer a presentation (based on Ellyn Satter’s book *Secrets of Feeding a Healthy Family*), followed by discussion. Bring your nutrition questions or give them to Kay ahead of time; she is interested in your thoughts as she puts finishing touches on her presentation. A licensed, registered dietitian/nutritionist, Kay Pratt has worked in the field of dietetics for more than 20 years, at both UNC and Duke Hospitals, in a variety of areas, and with adults, premature babies, pediatrics and adolescents. Kay is a spouse, a mother to two teenagers, and a current Toddler-Two Church School teacher.

BINKLEY BAPTIST CHURCH

Lent 2010

Come to the Table



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LENT 2010 AT BINKLEY BAPTIST CHURCH

February 16: Shrove Tuesday Pancakes and Talent Show, 5:30 pm

February 17: Ash Wednesday Services, Evening (no church dinner)

February 21: Worship, Dale Osborne preaching,
Gather at the Table of Yearning
Lenten Art Exhibit begins, featuring depictions of
The Last Supper

February 21, 28, March 7, 14, 21, 28:
Faith and Mental Health support group, 12:15 pm each
Sunday (contact a staff person for more information)

February 23, March 2, 9, 16, and 19-21:
Discipleship Class for interested youth;
contact Dale Osborne for more information

February 24, March 3, 10, 17 and 24:
Lenten Classes for Adults After Dinner
-Pausing On The Road to Jerusalem
(Lectionary Bible Study), led by Brian Graves
-Creating Mandalas (experiential art opportunity),
led by Gloria Lightsey-Lewis
-Living Our Values as Parents, presentations and
discussions with Sibyl Wagner (2/24 and 3/3;
clarifying values, dealing with transitions), Dick
Clifford (3/10; facing decisions about child care),
Maureen Rosen (3/24; kids and money) Kay Pratt
(3/24; family nutrition)

February 28: Worship with Guest Preacher George Reed,
NC Council of Churches

March 7: Taize Worship Service; Deacon elections in March

March 14: Worship, Peter Carman preaching, *Come to the Table: An
Unpredictable Feast*, Luke 15:1-3, 11b-32. Kids from
Music and More present the Story of the Prodigal Son

LENTEN ADULT CLASS: Pausing on the Road to Jerusalem (5 sessions, see below): Each week the group will examine the upcoming Sunday's Gospel Scripture, with Brian Graves leading a Lenten lectionary Bible Study from TheThoughtfulChristian.com. This may prove very helpful to Children's Church School Teachers and their class preparations. In addition to the Scripture, a Lenten Theme will be raised to guide the sharing and conversation. Participants may pick up the handouts that accompany each session on the bulletin board in the narthex. The group will meet in the Church Library. Facilitator Brian Graves is an Adjunct Instructor of Humanities and English at Alamance Community College. He is a spouse and a parent, and he teaches in the Binkley Youth Church School class.

Date	Gospel Text	Lenten Theme
2/24	Luke 13:31-35 (a retort to Herod & a lament over Jerusalem)	The Cross & Atonement
3/3	Luke 13:1-9 (a call to repentance & a fruitless fig tree)	The Urgency of Repentance
3/10	Luke 15:1-3, 11b-32 (the "prodigal son" and the indignant elder brother)	Unconditional Love
3/17	John 12:1-8 (Mary anoints Jesus)	Sensuality & Joy
3/24	Luke 19:28-40 (Jesus enters Jerusalem)	Power

LENTEN ADULT CLASS: LIVING OUR VALUES AS PARENTS (CONVENES IN THE YOUTH ROOM)

Clarifying Values, Sibyl Wagner (2/24 and 3/3): In a relaxed and centering atmosphere, we will start this series by identifying and discussing the three primary values of each participant. When our values differ from values of our partner/ex-partner, neighbors, and the media, what then? In addition to discussion, some guidelines for handling differences and stress will be presented. These two sessions will be facilitated by Binkley member and LCSW Sibyl Wagner. In addition to her 30 years of work as a therapist in private practice, Sibyl has worked with families in hospital settings. For 11 years, she served as an Adjunct Assistant Professor in Psychiatry in the UNC School of Medicine. She is a spouse and mother, and currently serves as a Binkley Church Deacon.

FAITH AND MENTAL HEALTH: Faith and Mental Health is a **six week**, small group session offered as part of Binkley's Brainstormers movement. It begins on **Sunday February 21 at 12:15 pm**, facilitated by Beth Welton, a Licensed Clinical Social Worker with 25 years of experience in doing individual and group psychotherapy. She is a member of Binkley Church and a Stephen Minister. If you would like to know more, please contact Dale or Peter through the church office, 942-4964. It will meet in the lounge, and child care will be provided.

DISCIPLESHIP CLASS: Each year, Binkley youth have a chance to form a group to explore faith and their relationship to God. We study the Bible, reflect on our lives, and do a service project together (CROP Walk, March 21). We will meet for 4 Tuesday evenings (Feb. 23, Mar. 2, 9, 16, 6:00-8:00 pm) and conclude with a weekend retreat March 19-21. To learn more, interested youth may contact Dale Osborne, (dale@binkleychurch.org). We treasure the congregations' prayers as the next generation engages discipleship.

WEDNESDAY NIGHTS AT BINKLEY

4:30-5:30: Music and More for Children

5:30: Supper (no dinner 2/17 or 3/31)

6:10-7:15: Gathering and Sending to...

- Children's choir for elementary kids who have made a semester commitment
- Child Care for all other children
- Three Lenten Classes for Adults (5 sessions February 24, March 3, 10, 17, 24)

LENTEN ADULT CLASS: Creating Mandalas (5 sessions): Mandalas are sacred circles symbolizing wholeness and balance found in art, nature, architecture and everyday objects. Throughout Lent, these sessions will give participants an opportunity for quiet and creativity. After supper, convene in the church office to select materials. You will have at least a half hour to work on a mandala. You may choose to return to the narthex from 7:00-7:15 to share about your experience. This time is facilitated by Gloria Lightsey-Lewis, an ordained minister who serves the communities of Binkley Church and Carolina Meadows. Her spiritual practices include centering prayer and creating mandalas.

March 21: **Worship**, 11 am, Peter Carman preaching, *Come to the Table: Extravagant Hospitality*, Isaiah 43:16-21; John 12:1-8 (Discipleship retreat weekend)
Afternoon 2:00 pm: **CROP Walk**

March 22: **Deadline for ordering Easter lilies**

March 28: **Palm Sunday;** Children's Choir presenting *The Singing Bishop*; Dale Osborne Leading Worship; Labyrinth set up for Holy Week

April 1: **Maundy Thursday Meal and Service** 6 pm
(no Wednesday dinner March 31)

April 2: **Music Meditation** 11 am; **Good Friday Services**, 12 pm

April 4: **Easter Sunday**
Sunrise Service 6:30 am
Breakfast (No Church School) 9:30 am
Worship with Communion 11 am, Peter Carman, preaching, *Come to the Table: A Resurrection Banquet*, Luke 24:1-12; Isaiah 65:17-25

April 11: **Baptism Sunday**



The Season of Lent is forty days leading up to Easter. A time for reflection, soul-searching and renewal, it reminds us both of the forty-year sojourn of the people of Israel in the wilderness after their liberation from bondage in Egypt, and of Jesus' forty days of preparation in the wilderness. During Lent, we invite you to find ways to grow in faith by renewing your soul, your relationship with the Holy One and with your neighbor.

MUSIC AND WORSHIP: Surrounding us on the walls of the sanctuary this Lent are different depictions of the Last Supper from artists around the world. Our theme for this season of Lent is ***Come to the Table***. Worship services will help us reflect on different aspects of the Welcome Table to which we are called. There will be a number of special opportunities for worship throughout the seasons of Lent and Easter. As we 'Come to the Table', it is appropriate that we worship throughout Lent in the round, symbolizing our presence at Christ's round table. You may notice that our usual doxology has changed for the season of Lent; this is because traditionally during this season of reflection leading up to Good Friday the Church doesn't sing alleluias.

SHROVE TUESDAY PANCAKE SUPPER AND TALENT SHOW

FEBRUARY 16: Mark your calendars, make room in your stomachs and dust off your ukulele as you prepare for the sweetest night of merriment and eats this year! The Binkley Youth look forward to hosting, entertaining and feeding you. The talent sign-up sheet for all ages will be in the narthex. The cost for the meal (pancakes, sausage, fruit and beverages) is \$5.00 for 6th grade and above, \$4.00 for 5th grade and below with a \$20.00 household maximum. Meal begins at 5:30 pm.

ASH WEDNESDAY AT BINKLEY FEBRUARY 17 (no Wednesday night dinner): We have two types of services where you may begin your Lenten journey and receive ashes on your hand or forehead. The first is an intimate gathering of two families at a time scheduled in fifteen minute segments beginning at **5:00 pm on February 17th** in the Chapel . Beth Honeycutt and Dale Osborne will lead this time of dialogue, song and prayer, and an explanation of the ashes. Sign up on the sheet across from Beth's office door by Feb 16th, at the Pancake Supper.

Also on **Wednesday, February 17th**, at **7:30** in the sanctuary, there will be a simple service of communion and the reception of ashes for those who wish to attend. Peter Carman, Leandra Strope, and the Chancel Choir will take part in leadership of this service. We encourage you to take part in either of these worship opportunities as we enter into the season of Lent.

HOLY WEEK AT BINKLEY

Palm Sunday (3/28) will involve music from the children's choir. The ecumenical **Labyrinth** for the community will be set up on Palm Sunday afternoon and be available throughout the week, with a labyrinth retreat opportunity on Friday 4/2, 9:30-12:30. **Maundy Thursday (4/1)** meal and service will begin at 6pm. On **Good Friday (4/2)** the Lenten Musical Meditation begins at 11 am, followed by services at 12 noon. **Easter Sunday (4/4)** will be a joyous day, featuring a 6:30 am Sunrise Service, 9:30 Easter Breakfast (no church school), and 11 am Worship with an egg hunt following.

LENTEN ART EXHIBIT: On the first Sunday in Lent (2/21), this year's Lenten Art Exhibit will be on display. It will focus on the Last Supper, consisting of artistic depictions of the event from different eras and cultures. The display will be in the church sanctuary, enhancing our worship experience and available for viewing other times as well.

DEVOTIONAL GUIDES: Beginning on Transfiguration Sunday, February 14, a variety of written materials will be available for enriching your Lenten experience. One highlight will be Henri Nouwen's reflections on the parable and painting *Return of the Prodigal Son* by Rembrandt, which is the Gospel Scripture for the Fourth Sunday in Lent (March 14). Please visit the narthex and take what you need!

