



OASES

PACKING LIST



Greetings from The Outdoor Academy! We are looking forward to your arrival in a few short days for OASES! As you are packing, please keep in mind the following points:

- The Outdoor Academy is located in the Blue Ridge Mountains of Western North Carolina at an elevation of about 2,200 feet. The weather here in April is often unpredictable, though in general you can expect warm days, cool nights, and a mix of sun and rain.
- While at OASES you will be staying in a rustic cabin equipped with twin-size bunk beds, electricity, hot running water, showers, and toilets. All cabins are open-air, with screens but no windows. Because it can get cold at night, it is very important that you bring a warm sleeping bag and/or SEVERAL blankets. If you are worried that your sleeping bag alone won't keep you warm, bring an extra blanket!
- At various times during OASES, you will be outside and/or participating in vigorous activities. Consequently, some of your clothing might get wet or dirty. Please pack accordingly, and leave items that are fragile or valuable at home. The Outdoor Academy cannot be responsible for your personal items.
- We recommend labeling all of your belongings.
- Storage space is limited in our cabins, so pack adequately but with moderation! Do your best to pack just what's on the list below.

IMPORTANT:

- Bring some type of identification with you (school ID card, library card, etc.)
- If you are bringing medications, please...
 - Pack only the amount of medication that you will need.
 - Label your medications clearly.
 - Give them to your delegation's advisor, who will supervise the distribution of medications.
- ADVISORS: please...
 - Collect medications from your students
 - Bring the photocopies of your students' registration documents with you

OASES PACKING LIST:

CLOTHING

- Rain gear (AT LEAST a waterproof jacket; waterproof pants optional)
- 1 fleece or warm jacket
- 1 sweatshirt
- 1 or 2 long-sleeve shirts
- 3 - 4 T-shirts
- 2 pairs of long pants
- 1 pair of shorts
- Several pairs of socks and underwear
- Work gloves
- Warm hat
- Warm gloves
- Sturdy shoes that enclose the whole foot
- Belt

CABIN SUPPLIES

- Warm sleeping bag and a blanket OR two thick blankets and a set of sheets (twin size)
- Pillow
- Sleeping clothes
- Toiletries: soap, shampoo, toothbrush, hand paste, contact lens solution, etc.
- Towel and washcloth

OTHER

- Daypack/bookbag
- Water bottle
- Flashlight or headlamp
- Notebook
- Pens or pencils

OPTIONAL

- Swim suit (if you participate in our canoeing activity, you might get wet!)
- Sandals to wear in the bathroom or shower
- Sunscreen
- Sun hat
- Sunglasses
- Camera
- Watch
- Travel alarm clock
- Musical instruments

A NOTE ON PERSONAL ELECTRONIC DEVICES

If your school allows their use, cell phones, iPods, and other electronics are fine for the van ride to and from The Outdoor Academy. However, while you're at OASES we would like you to unplug for a few days and involve yourself in the community and activities here. Upon your arrival, we ask that you leave all portable electronics in your delegation's van. Please tell your parents that you will not have cell phone access while at OASES, but that you may be reached for urgent messages through The Outdoor Academy office phone at 828-877-4349.