


How much can you make and get Food Stamps (now called SNAP)?

You may be able to get Food Stamps (SNAP) -

If the number of people in your household is:	And	Your total monthly income BEFORE taxes are taken out is less than:
	1	\$1,127
	2	\$1,517
	3	\$1,907
	4	\$2,297
	5	\$2,687
	6	\$3,077
	7	\$3,467

What is the most Food Stamps (SNAP) you could get?

If the number of people in your household is:	This is the most Food Stamps your size family could get each month:
1	\$176
2	\$323
3	\$463
4	\$588
5	\$698
6	\$838
7	\$926



How much you could get also depends on your income and other things. **To get an idea** how much YOU could get, call Legal Aid at **1-800-262-6817**. It's a free call.

To apply for Food Stamps (SNAP), go to or call the DHS office in your county.

Need their address and phone number? Call the Family Assistance Service Center at **1-866-311-4287**. It's also a free call.

Legal Aid Society
of Middle Tennessee and the Cumberland

Legal Aid is on the internet at **www.las.org**

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