

Foundation Studies Program Information

What is Anthroposophy? At the end of his life, Rudolf Steiner (1861-1925) characterized Anthroposophy in this way: *'Anthroposophy is a path of knowledge, which leads the spiritual in the human being to the spiritual in the universe.'*

Foundation Studies in Anthroposophy and the Arts provides a background for those wishing to become teachers in Waldorf Schools, as well as an opportunity for anyone who is interested in learning more about Rudolf Steiner's Science of the Spirit. In the Foundation Studies Courses broad themes of the whole of human development, of evolving and personal growth, are taken up on many different levels, through conversation, on-going group work, artistic activities, and weekend workshops.

Foundation Studies Clusters consist of students in the same geographic area who meet regularly in guided group sessions that combine a variety of both intellectual and artistic offerings. These "cluster" groups usually consist of about 15 people. Program locations change as courses are completed and new programs start. To date, courses have been offered in New Hampshire, Maine, Vermont, Massachusetts, Rhode Island, New York, Maryland, Florida, Arizona, New Mexico, North Carolina, Pennsylvania, Washington D.C. and California. Students are encouraged to participate in clusters as they will benefit from the group activity and a designed program. Meeting times vary but typically they are scheduled for every other week from September to May. A full cluster tuition is generally \$1,950 for 16 four-hour sessions. The expanded version would include one weekend workshop per semester, consisting of a two-hour lecture on Friday followed by an all day workshop on Saturday. Tuition varies depending on the number of workshops chosen. Some tuition aid is available.

In our all too busy lives this program is designed to be manageable. It is offered close to home, on a part time basis and at a reasonable cost. Past participants have included parents, teachers preparing for Waldorf training, School Board members, community members, teaching assistants and volunteers.

For more information, please contact:

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