

PLAYBOY

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PLAYBOY ADVISOR

My husband uses Facebook to contact old high school friends, including ex-girlfriends. A few weeks ago he let slip that he had phoned one of these women. I grabbed his phone and looked for the number, only to learn, after dragging it out of him, that he had listed it under a male name. I'm concerned his untruthfulness may lead to bigger problems. What do you think?—G.W., Elyria, Ohio

*Your husband is playing with fire. Psychologist Nancy Kalish, author of *Lost & Found Lovers* (lostlovers.com), has for years studied men and women who reconnect with past loves. The Internet didn't create the situation, but it has made it easier. One man who contacted Kalish looking for a support group said his wife left him and their two children for a guy she had a crush on when she was 12, after she'd found him on Facebook. Because so few reunions that involve cheating have happy endings, Kalish recommends married people not contact old flames unless they are prepared to damage even a strong marriage. If you're beyond that and are getting divorced, it's also wise to stay offline. A survey of its members by the American Academy of Matrimonial Lawyers found 81 percent are seeing more use of social-media posts as evidence in divorce cases, with Facebook by far the most popular source. An estranged spouse doesn't have to find evidence of cheating but of "contradictions to previously made statements and promises," as the AAML's president puts it.*