

Food Stamps and Medical Bills



What You Need to Know If You Are 60 or Older OR Disabled

Your medical bills may help you get food stamps. You can only get food stamps if you have low income. But you can subtract some medical bills from your income first. This can help you get food stamps.

Are these things true for you?

- You have more than \$35 a month in medical costs.
- Insurance will not pay these costs.
- No one else will pay these costs.

Some medical costs that can help you get food stamps are:

- Doctor and dentist bills
- Hospital bills
- Medicine, even over-the-counter medicine OK'd by a doctor
- Health and hospital insurance policy payments
- Medicare payments
- Dentures, hearing aids and artificial body parts
- Eyeglasses or contact lenses
- Nursing or nursing home bills
- Buying or renting medical supplies or equipment OK'd by a doctor
- Cost for transportation and hotel if you have to travel to get medical care
- Home health care bills



Need more information about food stamps and medical bills? Call the Food Stamp office in your county. You can find the phone number for your county in the **BLUE** pages of your phone book. Look in the part called **State Government**. The Food Stamp office is called **Human Services Department**. Look for the one in your county. You can also call the Food Stamp Hotline at 1-800-342-1784. It's a free call.

LEGAL AID SOCIETY
OF MIDDLE TENNESSEE AND THE CUMBERLANDS

1-800-238-1443

It's a free call.