

# Fairview

## Group Fitness Schedule

Monday	Tuesday	Wednesday	Thursday
Pilates 9:30 am - 10:30 am		Pilates 9:30 am - 10:30am	
Yoga—Healthy Joints 10:30 am -11:30 am		Yoga—Healthy Joints 10:30 am - 11:30am	
Tae Kwon Do 6:00 pm - 7:00 pm	Zumba 4:00-5:00pm	Sculpt & Belly Tone 6:30 pm - 7:30pm	Zumba 4:00 pm - 5:00 pm
Zumba 7:00 pm - 8:00 pm	Zumba 6:30 pm - 7:30 pm		Zumba 6:30 pm - 7:30 pm