

DRESS AND APPEARANCE CODES FOR EAGLE'S NEST FOUNDATION CAMPERS AND STUDENTS

Eagle's Nest feels that it is important for all staff, campers and students to pay attention to our appearances and messages that we send through our dress. It is important that we create a comfortable environment for all parties who are in attendance at Eagle's Nest. With this in mind we would like for you to be aware, before you come to Eagle's Nest, that the below expectations exist.

Clothing

- Neat and clean clothing appropriate for the activity.
- No sexually provocative or revealing attire.
- No offensive attire. We ask you not to advertise tobacco products or alcohol or wear articles of clothing containing profanity, sexual connotations or racial slurs.
- Shirts are to be worn at all times except in the instance of an athletic or aquatic event that would allow for a shirtless environment for men and boys and jog bras or bathing suits for women and girls. No strapless shirts or tube tops. All shirts should cover the midriff.
- No short shorts or very short skirts.
- Pants and shorts should be worn at or above the hip bone with no underwear showing.
- Shoes proper to the activity are to be worn at all times. This requirement is actually an important injury preventer.
- One-piece bathing suits preferred, or best design for high activity.

Appearance

- Tattoos and body piercings should be unobtrusive and of noncontroversial content. This includes no facial tattoos. Earrings in the **outer** lobe of the ear are acceptable and safe. Some piercings we find unacceptable and/or unsafe are navel, inner ear, tongue, eyebrow, lip and nose rings (**ornamentation in these areas needs to be removed before arriving on Eagle's Nest campus**).
- We expect everyone to keep their body clean and their hair washed.
- For members of our community who choose to have dreadlocks, we will, on occasion, ask that the hair be put up.
- No piercing, head shaving, hair coloring or drastic appearance alterations while at camp or school.

Thank you for your attention to these guidelines. We respect your desire to express yourself and recognize that body modifications are common. However, these modifications can be unsafe in our very active environment. **The administration reserves the right to request the removal of body ornaments and the covering of tattoos should it be deemed that they are beyond what is acceptable to our group of parents, students and staff.** Compliance with the request is necessary for continuation in the program.

If you should have specific questions about any of the above guidelines and how they relate to you please, don't hesitate to call the office. **You will need to be in agreement with these guidelines to attend any Eagle's Nest program.** These guidelines are also in effect for our staff.

**PARENTS:
PLEASE SHARE THIS WITH YOUR CAMPER AND/OR STUDENT.**