

# ***Cumberland University***



## ***Visiting Team Guide***

# **Cumberland Athletic Department - Office Phone, Cell Phone & E-mail List**

| <b>Name – Email (@cumberland.edu)</b>         | <b>Office (615/547)</b> | <b>Cell (615/)</b> | <b>Name – Email (@cumberland.edu)</b> | <b>Office (615/547)</b> | <b>Cell (615/)</b> |
|---|-------------------------|--------------------|---------------------------------------|-------------------------|--------------------|
| <b>ATHLETIC DIRECTOR</b>                      |                         |                    | <b>GOLF</b>                           |                         |                    |
| Ron Pavan – rpavan                            | 1348                    | 390-0884           | Scott Wilkerson – swilkerson          |                         | 389-1807           |
| Shauna Holman (GA) – sholman                  | 1242                    | 417-2215           | Jim Griffin – jgriffin                |                         | 566-2267           |
| <b>SPORTS INFORMATION</b>                     |                         |                    | <b>SOCCER – MEN'S</b>                 |                         |                    |
| Jo Jo Freeman – jfreeman                      | 1350                    | 631-9522           | Jeff Loucks – jloucks                 | 453-0559                | 319-6193           |
| Chris Brenneman (GA) – cbrenneman             | 1350                    | 601/917-3761       | JJ Henderson (GA) –                   |                         | 334/467-8059       |
| Javier Morales – jmorales                     | 1350                    | 414-0508           | <b>SOCCER – WOMEN'S</b>               |                         |                    |
| <b>ASST. AD – FAR/ELIGIBILITY/RETENTION</b>   |                         |                    | Gavin McKinney – gmckinney            |                         | 731/343-0244       |
| Mitch Walters – mwalters                      | 1288                    | 347-0675           | <b>SOFTBALL</b>                       |                         |                    |
| Aaron Tomlinson – batomlinson46@students (GA) |                         | 417-5278           | Heather Stanfill – hstanfill          | 1324                    | 931/220-1964       |
| <b>ATHLETIC TRAINING</b>                      |                         |                    | Detra Farley (GA) –                   |                         |                    |
| Danny Rogers – drogers                        | 1335                    | 504-0260           | <b>STRENGTH AND CONDITIONING</b>      |                         |                    |
| Danna Johnson – djohnson                      | 1306                    | 517-4799           | Jarad Fugate – jfugate                | 453-0559                | 305-5560           |
| Katie Arnold – karnold                        | 1134                    | 865/617-3252       | Jack Williamson                       |                         | 337-4682           |
| James Meadows – jmeadows                      | 1232                    | 218-0632           | Bethany Van Meter                     |                         | 336-2553           |
| Tamika Donaldson (GA) – tdonaldson            | 1427                    | 731/618-0139       | <b>TENNIS</b>                         |                         |                    |
| <b>BASEBALL</b>                               |                         |                    | Bill McCormick – bmccormick           |                         | 708-6771           |
| Woody Hunt – whunt                            | 1366                    | 708-0727           | Felipe Oliveira (GA) –                |                         |                    |
| Kevin Hite – khite                            | 1362                    | 516-8299           | Natasha Wang (GA) – nwang             |                         | 568-3302           |
| Ryan Hunt – rhunt                             | 1365                    | 504-5711           | <b>VOLLEYBALL</b>                     |                         |                    |
| Chris Schrock – cschrock                      |                         | 941/592-8446       | Dwayne Deering – dderring             | 1318                    | 449-4975           |
| <b>BASKETBALL – MEN'S</b>                     |                         |                    | Kailen Harris (GA) –                  |                         | 254/495-2957       |
| Lonnie Thompson – lthompson                   | 1345                    | 430-5969           | <b>WRESTLING</b>                      |                         |                    |
| Brian Collins – bcollins                      | 1211                    | 260-1234           | Jarad Swint – jswint                  | 1292                    | 330-1082           |
| Thurman Tucker (GA) – ttucker                 | 1308                    | 478-9283           | Joey Simcoe – jsimcoe                 | 1292                    | 419/957-0206       |
| <b>BASKETBALL – WOMEN'S</b>                   |                         |                    | Mike Swift (Volunteer) – mswift       |                         | 275-8321           |
| Jeremy Lewis – jlewis                         | 1319                    | 278-8498           | Trey Myers (GA) –                     |                         | 937/313-1665       |
| Kyle Herring – kherring                       | 1282                    | 681-5119           | <b>ADMINISTRATION</b>                 |                         |                    |
| C'Kala Humes (GA) – chumes                    | 1289                    | 336-7887           | Pete Cannon – Security                | 476-3061                |                    |
| <b>BOWLING</b>                                |                         |                    |                                       |                         |                    |
| Jeff Bonner – jbonner                         |                         | 423/619-1830       |                                       |                         |                    |
| <b>CHEERLEADING</b>                           |                         |                    |                                       |                         |                    |
| Ruth S. Currie – rtoncrr@bellsouth.net        |                         | 305-6781           |                                       |                         |                    |
| <b>CYCLING</b>                                |                         |                    |                                       |                         |                    |
| Tim Hall – thall                              | 1207                    | 310-3745           |                                       |                         |                    |
| <b>FOOTBALL</b>                               |                         |                    |                                       |                         |                    |
| Dewayne Alexander – dalexander                | 1330                    | 478-1783           |                                       |                         |                    |
| Donnie Suber – dsuber                         | 1251                    | 870-9532           |                                       |                         |                    |
| Buddy Brown – bbrown                          | 1429                    | 218-4066           |                                       |                         |                    |
| Jake Roberts – jroberts                       | 1344                    | 706/718-5860       |                                       |                         |                    |
| Eric Hensley (GA) –                           |                         |                    |                                       |                         |                    |

# Parking for Cumberland Athletic Events

## Football:

Parking for teams and locker rooms are located in the Dallas Floyd Recreation Center (No. 5). Parking is blocked off for buses in Lot 33. Please contact Athletic Director Ron Pavan (615/390-0884) or Sports Information Director Jo Jo Freeman (615/631-9522) to specify arrival time.

## Basketball/Wrestling:

Parking for teams and locker rooms are located in the Dallas Floyd Recreation Center (No. 5). Parking for buses/vans is preferable in Lots 32 and 33. Please contact Athletic Director Ron Pavan (615/390-0884) or Sports Information Director Jo Jo Freeman (615/631-9522) to specify arrival time.

## Baseball:

Parking in Lots 36 and 42 off South Tarver Avenue next to the Stockton Field/Woody Hunt Stadium (No. 6).

## Softball:

Parking in Lots 22, 36 and 42 off South Tarver Avenue next to the CU Softball Field (No. 13).

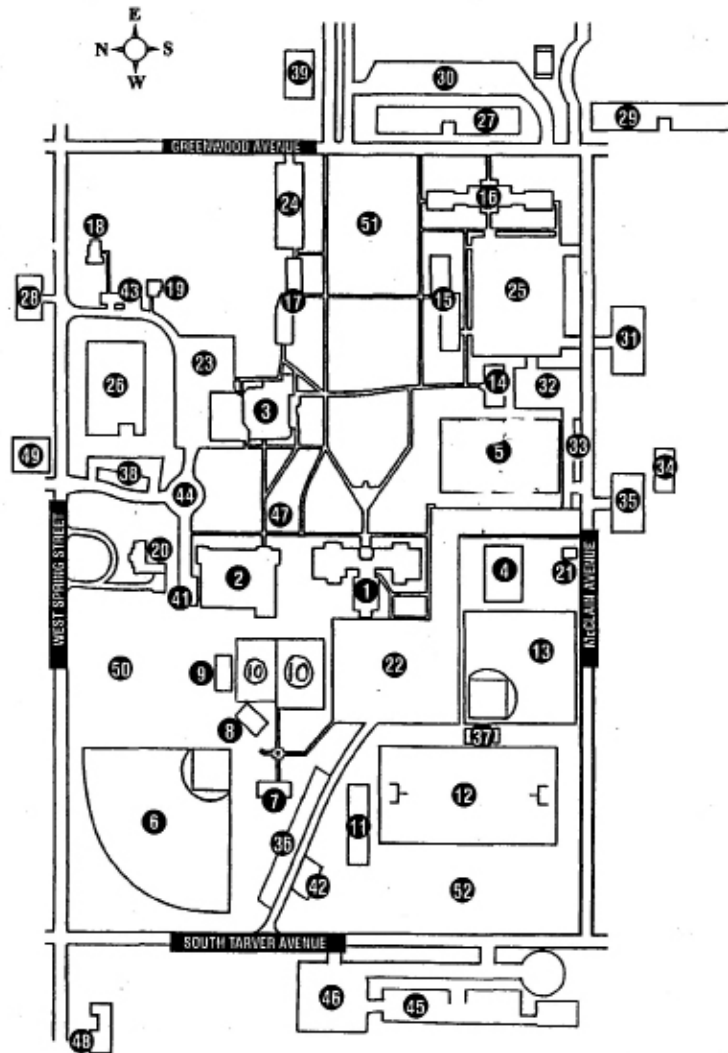
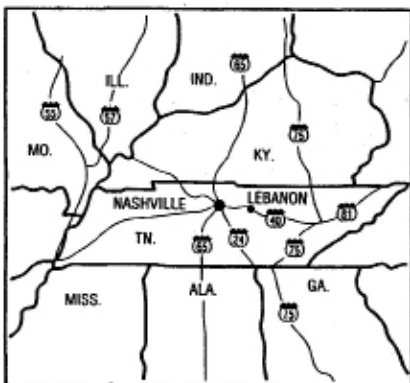
## Tennis:

Parking in Lot 22 next to the Gray Memorial Tennis Courts (No. 10).



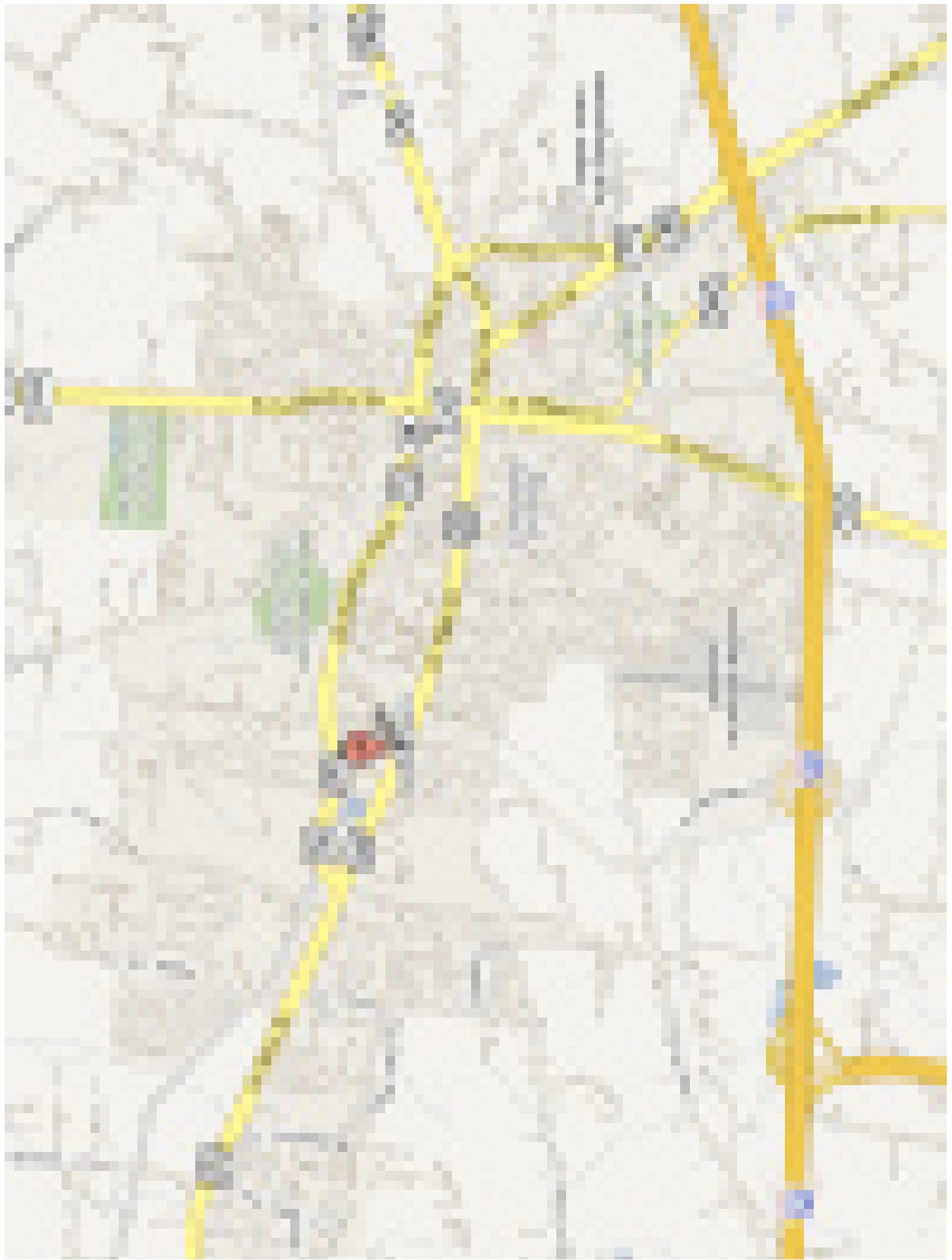
**CUMBERLAND**  
UNIVERSITY

One Cumberland Square  
Lebanon, Tennessee 37087



1. Memorial Hall / Baird Chapel
2. Vice Library
3. Mitchell Student Center/ Dining Room / C-Store
4. Labry Hall
5. Dallas Floyd Recreation Center
6. Stockton Baseball
7. Baseball Club House
8. Press Box
9. Batting Cages
10. Tennis Courts
11. Football Field House
12. Kirk Football Field
13. Softball Field
14. Bone Hall
15. Mary White Hall
16. Edward Potter Hall
17. Justin Potter Hall
18. Nursing Center
19. Rudy House
20. President's House
21. Brown Cottage
22. Parking - A
23. Parking - A
24. Parking - B
25. Parking - B
26. Heydel Fine Arts Center
27. Cumberland Commons I
28. CU Arts Academy
29. Cumberland Commons II
30. Parking - B
31. Lawlor House
32. Parking - B
33. Parking - A
34. Art Studio
35. Kerr House
36. Parking - A
37. Softball Press Box
38. Parking - A
39. University Housing
- 40.
41. Parking - A
42. Parking - A
43. Parking - A
44. Monument Circle
45. St. Francis Cabrini
46. Parking - A
47. Gazebo
48. President's House (3rd house from corner)
49. Baptist Student Union
50. Spring Street Activity Field
51. Greenwood Avenue Activity Field
52. Lindsey Donnell Stadium Practice Field

Enjoy your Visit!



# ***Directions to Cumberland University***

## ***From Comfort Suites:***

Head back to the main road and turn left onto South Cumberland Street (Highway 231). Cross over the Interstate and continue straight for 1.5 miles, going through five stop lights. At the sixth stop light (Ryan's Steakhouse on the right, BP on the left), take a left onto Leeville Pike. Go through one stop sign at South Maple Street and then at the second stop sign at South Greenwood Avenue, take a right. Come two blocks and take a left onto McClain Avenue. All of the athletic facilities will be on the right either on McClain or South Tarver Avenue.

## ***From Sleep Inn:***

Exit the Sleep Inn onto South Eastgate Court. Follow 0.2 miles and turn right onto Eastgate Blvd. Go through the stop light (once you pass through the light the road becomes Leeville Pike). Follow that road, which runs parallel to the Interstate. After 4.7 miles you will cross Hartmann Drive (go through that light). Continue 1.3 miles on Leeville Pike to a blinking light at a stop sign. Continue straight for 0.3 miles past the blinking light and turn left onto South Tarver Avenue. Go through one stop sign at Martin Avenue and after another block (McClain Avenue) the school will be on the right. The first thing you will see is the football stadium and practice field on the right. That's at the corner of South Tarver and McClain Ave. All of the athletic facilities are on the right, either on McClain or South Tarver.

## ***From Nashville:***

Take I-40 East to Exit 236, Hartmann Drive. Take a left at the light at the top of the ramp and cross over the Interstate. Continue straight for 1.2 miles. Take a right at the second stop light onto Leeville Pike. Continue 1.3 miles on Leeville Pike to a blinking light at a stop sign. Continue straight for 0.3 miles past the blinking light and turn left onto South Tarver Avenue. Go through one stop sign at Martin Avenue and after another block (McClain Avenue) the school will be on the right. The first thing you will see is the football stadium and practice field on the right. That's at the corner of South Tarver and McClain Ave. All of the athletic facilities are on the right, either on McClain or South Tarver.

## ***From Knoxville:***

Take I-40 West to Exit 238. At the top of the exit ramp turn right at the light and continue straight on South Cumberland Street (Highway 231). Continue straight for 1.3 miles, going through three stop lights. At the fourth stop light (Ryan's Steakhouse on the right, BP on the left), take a left onto Leeville Pike. Go through one stop sign at South Maple Street and then at the second stop sign at South Greenwood Avenue, take a right. Come two blocks and take a left onto McClain Avenue. All of the athletic facilities will be on the right either on McClain or South Tarver Avenue.

## ***From Chattanooga:***

Take I-24 West to Exit 73A and I-840 East (Lebanon/Knoxville). Continue on I-840 East until it runs into I-40. Take I-40 East (Exit 76A - Lebanon/Knoxville). Exit at Hartmann Drive, Exit 236 (should be the first exit). Take a left at the light at the top of the ramp and cross over the Interstate. Continue straight for 1.2 miles. Take a right at the third stop light onto Leeville Pike. Continue 1.3 miles on Leeville Pike to a blinking light at a stop sign. Continue straight for 0.3 miles past the blinking light and turn left onto South Tarver Avenue. Go through one stop sign at Martin Avenue and after another block (McClain Avenue) the school will be on the right. The first thing you will see is the football stadium and practice field on the right. That's at the corner of South Tarver and McClain Ave. All of the athletic facilities are on the right, either on McClain or South Tarver.

**AIRPORTS**

Nashville International 615/275-1600  
Lebanon City Airport 615/444-0031

**BUS CHARTERS**

Grayline (Nashville) 615/860-6800  
Wise Coaches (Lebanon) . . . 615/547-7021

**CAR & VAN RENTAL****Lebanon**

Enterprise Rent-a-Car 615/449-4999  
1437-A West Baddour Parkway

Hertz Rent-a-Car 615/449-7148  
1002 West Main Street

**Nashville**

Access Car & Van Rental . . . 615/242-1600  
Alamo 1-800-831-2487  
Avis Rent-a-Car 1-800-831-2847  
Budget Car Rentals 1-800-527-0700  
Hertz Rent-a-Car 1-800-654-3131  
National Car Rentals 1-800-367-2277

**PREFERRED HOTELS**

Comfort Suites  
904 Murfreesboro Road  
Lebanon, TN 37087  
Team rate of \$59.95 per night  
Contact: Connie Bullington  
615/443-0027 office  
615/470-7027 fax

Sleep Inn & Suites  
150 South Eastgate Court  
Lebanon, TN 37090  
Team rate of \$55.00 per night  
Contact: Debbie Baxter  
615/449-7005 office  
615/449-5242 fax

**OTHER HOTELS/MOTELS**

Econo Lodge  
829 South Cumberland Street  
Lebanon, TN 37087  
615/444-1001 office  
615/443-0027 fax

Hampton Inn & Suites  
1065 Franklin Road  
Lebanon, TN 37087  
615/444-3445 office  
615/444-8998 fax

Holiday Inn Express Hotel & Suites  
826 South Cumberland Street  
Lebanon, TN 37087  
615/994-3225 office  
615/443-3024 fax

Ramada Inn & Suites  
704 South Cumberland Street  
Lebanon, TN 37087  
615/444-7400 office  
615/449-7969 fax

Days Inn  
914 Murfreesboro Road  
Lebanon, TN 37087  
615/444-5635 office

Best Value Inn & Suites  
822 South Cumberland Street  
Lebanon, TN 37087  
615/449-5781 office  
615/449-8201 fax

Country Inns & Suites  
140 Dixie Avenue  
Lebanon, TN 37090  
615/470-1001 office  
615/453-9508 fax

Quality Inn  
641 South Cumberland Street  
Lebanon, TN 37087  
615/444-7020 office

**RESTAURANTS**

Outback Steakhouse  
1125 Franklin Road  
615/444-7193

Chili's  
909 South Hartmann Drive  
615/443-7121

Applebee's  
609 South Cumberland Street  
615/453-2199

Demos' Steak & Spaghetti House  
130 Legends Drive  
615/443-4600

Whitts BBQ  
401 South Cumberland Street  
615/257-1350

O'Charley's  
902 Murfreesboro Road  
615/453-1185

Ruby Tuesday  
1317 West Main Street  
615/453-0577

Cracker Barrel Old Country Stores  
635 South Cumberland Street  
615/444-4995

Michael's Café  
404 Castle Heights Avenue North  
615/453-3838

Sunset Restaurant  
640 South Cumberland Street  
615/444-9530

Ryan's Steakhouse  
405 South Cumberland Street  
615/453-6184

Peking Chinese Restaurant  
1316 West Main Street  
615/449-3304

Lil' Paul's Smokehouse  
711 Park Avenue  
615/443-4949

**FAST FOOD**

Chick Fil-A (**DELIVERY**)  
Mt. Juliet Road, Mt. Juliet  
615/542-7686 (Ray Daniel)

Pizza Hut (**DELIVERY, \$6 1-TOPPING LARGE PIZZA**)  
817 South Cumberland Street  
615/444-1786

Jersey Mike's Subs  
1315 West Main Street  
615/444-9886

Zaxby's  
638 South Cumberland Street  
615/449-4566

KFC  
710 South Cumberland Street  
615/449-0971

Sonic Drive-In  
524 West Main Street  
615/449-3034

1050 Murfreesboro Road  
615/547-0070

Hardee's  
1039 West Main Street  
615/444-8241

701 South Cumberland Street  
615/443-0324

Wendy's  
1445 West Main Street  
615/444-2505

807 South Cumberland Street  
615/444-9709

McDonald's  
615 South Cumberland Street  
615/449-4421

1420 West Main Street  
615/449-1833

Papa John's  
1313 West Main Street, Ste. G  
615/443-7272

Domino's  
1218 West Main Street  
615/449-3733

Subway  
704 South Cumberland Street  
615/444-6044

1414 West Main Street  
615-443-3400

1010 North Cumberland Street  
615/453-3823

921 Murfreesboro Road  
615/453-8991

615 South Cumberland Street (Wal-Mart)  
615/449-0380

1129 Franklin Road  
615/443-9950

Arby's  
813 South Cumberland Street  
615/449-0077

1457 West Main Street  
615/444-6044

Burger King  
106 North Cumberland Street  
615/444-7415

100 Hartman Drive  
615/449-8644

Painturo's Pizza  
522-B West Main Street  
615/443-8444

Maggie Moo's  
155 Legends Drive  
615/443-4040

Heavenly Ham  
1427 West Main Street  
615/443-4267

Captain D's  
1401 West Main Street  
615/449-1966

Jack In The Box  
509 South Cumberland Street  
615/453-4767