



Excel Aquatics

General Information and Instructions 2010-2011

OnLine Registration

Every swimmer must be registered online for 2010-2011. This online registration form can be found on the Excel Aquatics website at www.excelaquatics.org.

Every swimmer must be assigned a practice group prior to registering. For new swimmers, this will be done during the placement and free trial period in August, outlined on the Age Group Team Home Page under the training site links for Brentwood, Gallatin and Murfreesboro. Thereafter, new swimmers should contact Coach Sheree Zobl (Gallatin), Coach Chris Pickerell (Murfreesboro) or Coach Gina Carbone (Brentwood) to schedule a placement trial. Their email addresses can be found at the "Contact Us" link. For returning swimmers, training group assignments will be made by the coaching staff. If you have not been assigned a practice group, please contact your training coach from the previous season.

The registration form must be completed and sent electronically. By sending the forms electronically you are agreeing to be contractually obligated to the terms of agreement. In addition, the form must be printed and mailed along with your first payment (as specified in the registration form) to the billing coordinator: Robyn Painter, 704 Nantucket Circle, Franklin, TN 37069. Thereafter, the financially responsible parent will receive monthly statements by email. All payments must be mailed to the billing coordinator. During the Free Trial Period you can leave registration papers and payment with the parent representative at the pool. After September 1, please do not leave payments at the pool or with a coach.

The online registration form contains the information for athletes to be registered with USA Swimming. Excel will send your registration info to USA swimming.

Meet Entry Fee Escrow Account. This account is mandatory for every swimmer registering with the team, whether the swimmer will be competing or not. For every meet a swimmer enters, there is an entry fee for each individual and relay event, along with a required surcharge. In order to streamline our meet entry process and Excel maintains an escrow account for all swimmers. All families are required to maintain a minimum balance of \$50.00 per swimmer throughout the year (September through July). You will be notified on your monthly billing statement when you need to replenish

your monthly escrow account. Your meet entry fees will automatically be deducted from your escrow account. If you choose to leave the team at any time, we ask for 30 days notice. Please send an email to the billing coordinator at excel.billing@comcast.net or submit a letter to Robyn Painter at 704 Nantucket Circle, Franklin, TN 37069 notifying the team of your intent to resign. Any unused escrow funds will be applied toward any outstanding balance owed to the team. If there is none owed, the escrow funds will be reimbursed.

Parent Volunteer Work Requirements

Excel Aquatics is a non-profit organization which relies on monthly dues and the active working support of each family to meet the financial obligations of each team. More than 50% of our annual budget is met with funding from sources other than monthly training fees, such as hosting local, regional and national swim meets and supporting USA Swimming's annual fundraiser, the Swim-a-Thon. To meet our fundraising goals, each Excel family will be required to work or provide food for hospitality for the swim meets we host.

The worker requirements for the 2010-2011 swim season are as below:

Fall (September 1 - December 31): 3 work shifts

Winter (January 1 - March 31): 3 work shifts

Spring/Summer (April 1 - July 31): 2 work shifts

* Additionally, each family will be required to work or provide food or supplies for the USA Swimming Age Group Sectionals hosted by Excel Aquatics at the Centennial Sportsplex in Nashville on March 10-13, 2011.

Race day events are not part of volunteer work requirements.

Unmet or missed required sessions will be billed to your Excel account at \$75.00 per unmet or missed session.

Session sign-up is done online at www.excelaquatics.org at the Parent Volunteer sign up link at the top right of the Age Group Team Home Page. Each family (both new and returning swimmers) is required to log on to the Parent Volunteer Section of the Excel website and set up a user name and password for the 2010-2011 swim year. This will enable you to sign up for the current season jobs.

Odds and Ends...

Every swimmer is required to have an Excel swim cap to wear in meets (the cap is provided with registration). All American Swim Shop carries Excel apparel in their store.

www.excelaquatics.org is our team website and the primary form of communication: check it often.

You will be receiving team emails periodically throughout the season. Please provide us with accurate email addresses and check your email often.

Practice changes are posted on the website.