



Initial Evaluation / Examination

Physical Therapy

Patient Name: Willow, William	Date: 06/12/07
Medical Record #: HK- 987654	DOB: 02/20/51
Account #: HWC - 8765	Treating Clinician: Thomas Hook, DPT, OCS
Provider: Rehab Clinic of Colorado Springs	
Provider #: 25489631	

Patient Information

Address: 956 Hamleton Street B-89 Colorado Springs, Colorado 80923	Physician: John Nutting, MD Physician #: 1235
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Occupation: Carpenter	# of Approved Visits: 10
Gender: Male	Medicare #: n/a
Contact Person: Mary Willow	Medicaid #: n/a

Rehabilitation Information / History

	Onset Date	Code	Description
Primary Diagnosis:	03/06/07	892.1	Open Wound Of Foot Except Toe(S) Alone, Complicated
Other Diagnosis:	01/01/99	357.2	Polyneuropathy In Diabetes

Preferred Practice Pattern: Integumentary D: Impaired integumentary integrity associated w/full-thickness skin involvement/scar formation

Recent Physical Therapy: Outpatient rehab clinic - within the last sixty days

Prior Functional Status: Straight cane - Mild pain or limitation in ambulation, work, IADL's or recreation

Required Equipment: Debridement supplies

Weight Bearing Status: Right lower extremity - 33% partial weight bearing

Safety Measures: Instruct patient and/or family in safety precautions
Protect against falls and injury

Rehabilitative Prognosis: Good rehab potential to reach and maintain prior level of function

Mental Status: Alert - slightly confused - able to follow 3 or more step directions

Concerns that led to PT: Decreased functional ability secondary to progression of diagnosis

System Review, History: Mr. Willow has a history of insulin dependent diabetes for over 8 years. He step on a nail and received a puncture wound to his right foot early March. The wound has significantly deteriorated over the past 3 months.

Patient has a history of behavioral health risks: **Yes**

Patient has been a smoker for years and inconsistent with insulin routine.

Patient / Caregiver concur with established goals: **Yes**

Emotional response to health status: Fair	Reported Eating Habits: Fair
Patient's communication skills: Good	Reported Sleeping Patterns: Good
Knowledge of Exercise and Fitness: Fair	Reported Energy Level: Fair
Frequency of Exercise sessions per week: 3	

Patient is aware of and understands his/her diagnosis and prognosis: **Yes**

Functional Measures

Ambulation: Even Terrain	Distance
Current Level: Straight cane - Independent with difficulty	200 Feet
Goal: Straight cane - Independent	>1,000'

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Ambulation: Uneven Terrain	Distance
Current Level: Straight cane - Limited - Minimal assistance	40 Feet
Goal: Straight cane - Independent	100 Feet
Stair Climbing	Steps
Current Level: Straight cane - Independent with railing with difficulty	3 Steps
Goal: Straight cane - Independent with railing	10 Steps
Functional characteristics and analysis: Secondary to the ulcer on the lateral side of patient's right foot, he is unable to wear a shoe and is only 50% partial weight bearing. As a result he has much difficulty in ambulating and in climbing up and down stairs.	
Impairment Goals; Short Term: Pain is decreased by 50% in 2 weeks Weight-bearing status is improved by 50% in 2 weeks	
Functional Goals; Long Term: Ambulation is improved to prior level of function Stair climbing is improved to prior level of function	

Physical Findings

Wound Care

Wound Care Site #: 1 Location: Foot - right - malleolus (lateral) Stage: III**Measurements: (cm)** Length: 24 Width: 30 Depth: 15**Drainage:** Moderate, Dark yellow**Infection:** Pseudomonas**Characteristics:** Foul Odor; Eschar; Inflammation; Associated Pain; Necrotic Tissue**Risk Factors:** Nutritionally Compromised

Anticipated Goals:

Gait, locomotion, and balance are improved
 Performance of and independence in ADL's and IADL's are increased
 Wound and soft tissue healing is enhanced

Additional Comments: The circulation in both lower extremities is significantly impaired secondary to diabetes. The puncture wound has deteriorated to the above dimensions and the wound is now infected. Patient is taking an oral antibiotic and applying antibiotic ointment to the affected area BID. The necrotic tissue is tightly packed with some eschar. The patient will benefit greatly from selective debridement.

Interventions (CPT Code)

Physical Therapy Evaluation 97001

Wound Care Selective > 20 Sq CM 97598

Frequency of PT: Three times weekly**Duration of PT:** 4 weeks

<i>Thomas Hook, PT</i>	
Thomas Hook, DPT, OCS	06/14/07
State License #: TN #76565	Date