

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
Bryce Anderson (15) M (SC)					
2:25.63L	P # 42	Men Senior 200 Fly	34	---	-14.44
Brent Baxter (16) M (WC)					
2:09.08L	P # 6	Men Senior 200 Free	53	---	-5.50
2:25.28L	P # 42	Men Senior 200 Fly	32	---	-7.67
4:31.19L	P # 54	Men Senior 400 Free	30	---	-12.38
1:06.12L	P # 98	Men Senior 100 Fly	61	---	-3.21
Matthew Beach (12) M (WC)					
2:13.46L	F # 26	Men 11-12 200 Free	3	16	-1.66
2:14.43L	P # 26	Men 11-12 200 Free	3	---	-0.69
1:08.91L	F # 62	Men 11-12 100 Fly	4	15	-1.85
1:09.53L	P # 62	Men 11-12 100 Fly	4	---	-1.23
28.72L	P # 66	Men 11-12 50 Free	7	---	-0.64
29.18L	F # 66	Men 11-12 50 Free	7	12	-0.18
4:45.18L	F # 74	Men 11-12 400 Free	4	15	-2.06
1:01.09L	F # 106	Men 11-12 100 Free	4	15	-2.41
1:02.49L	P # 106	Men 11-12 100 Free	4	---	-1.01
31.09L	F # 114	Men 11-12 50 Fly	4	15	-0.31
31.23L	P # 114	Men 11-12 50 Fly	4	---	-0.17
Caroline Bechtel (16) W (WC)					
2:15.89L	P # 5	Women Senior 200 Free	34	---	5.48
1:12.60L	P # 13	Women Senior 100 Back	38	---	3.22
1:02.56L	F # 21	400 Free Relay Lead Off	---	---	1.08
2:25.66L	F # 41	Women Senior 200 Fly	9	9	-0.18
2:31.11L	P # 41	Women Senior 200 Fly	15	---	5.27
28.81L	P # 45	Women Senior 50 Free	27	---	0.92
2:29.21L	F # 85	Women Senior 200 Back	14	3	0.26
2:31.48L	P # 85	Women Senior 200 Back	15	---	2.53
1:02.33L	P # 89	Women Senior 100 Free	29	---	0.85
1:12.17L	P # 97	Women Senior 100 Fly	49	---	5.02
Christina Bechtel (16) W (WC)					
NS	P # 41	Women Senior 200 Fly	---	---	---
28.07L	F # 45	Women Senior 50 Free	12	5	-0.64
28.16L	P # 45	Women Senior 50 Free	12	---	-0.55
1:01.78L	P # 89	Women Senior 100 Free	20	---	-1.01
1:01.56L	F # 97	Women Senior 100 Fly	1	20	-0.96
1:02.75L	P # 97	Women Senior 100 Fly	1	---	0.23
Samuel Betts (12) M (RC)					
43.54L	P # 30	Men 11-12 50 Breast	27	---	0.16
1:29.44L	P # 102	Men 11-12 100 Back	39	---	-2.39
1:16.91L	P # 106	Men 11-12 100 Free	35	---	-2.20
1:36.64L	P # 110	Men 11-12 100 Breast	23	---	-0.15
Ethan Browne (12) M (WC)					
10:46.36L	F # 2	Men 11-12 800 Free	5	14	---

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Time	F/P/S	Event	Place	Points	Improv
37.13L	P # 30	Men 11-12 50 Breast	5	---	-1.26
37.79L	F # 30	Men 11-12 50 Breast	5	14	-0.60
30.02L	P # 66	Men 11-12 50 Free	15	---	-0.50
5:12.71L	F # 74	Men 11-12 400 Free	14	---	1.24
1:18.94L	P # 102	Men 11-12 100 Back	13	---	1.50
NS	P # 106	Men 11-12 100 Free	---	---	---
1:21.98L	F # 110	Men 11-12 100 Breast	3	16	---
1:23.12L	P # 110	Men 11-12 100 Breast	3	---	1.14
Hailey Browne (15) W (WC)					
1:20.81L	P # 9	Women Senior 100 Breast	19	---	0.90
29.88L	P # 45	Women Senior 50 Free	56	---	-0.03
1:04.17L	P # 89	Women Senior 100 Free	51	---	-0.86
3:03.67L	P # 93	Women Senior 200 Breast	30	---	-0.31
Christian Carbone (15) M (WC)					
8:46.55L	F # 4B	Men 15 & Over 800 Free	6	13	8.97
1:09.62L	F # 10	Men Senior 100 Breast	10	7	-0.45
1:10.11L	P # 10	Men Senior 100 Breast	13	---	0.04
4:40.31L	F # 18	Men Senior 400 IM	4	15	0.81
4:43.83L	P # 18	Men Senior 400 IM	3	---	4.33
2:13.29L	P # 50	Men Senior 200 IM	5	---	-0.12
2:14.15L	F # 50	Men Senior 200 IM	7	12	0.74
4:11.60L	P # 54	Men Senior 400 Free	5	---	0.51
4:12.45L	F # 54	Men Senior 400 Free	5	14	1.36
16:39.77L	F # 82B	Men 15 & Over 1500 Free	5	14	-0.72
2:26.86L	F # 94	Men Senior 200 Breast	4	15	0.60
2:30.61L	P # 94	Men Senior 200 Breast	5	---	4.35
Joseph CARBONE (12) M (WC)					
2:05.74L	F # 26	Men 11-12 200 Free	1	20	-1.12
2:10.81L	P # 26	Men 11-12 200 Free	1	---	3.95
33.11L	P # 34	Men 11-12 50 Back	5	---	0.10
33.17L	F # 34	Men 11-12 50 Back	3	16	0.16
1:05.14L	F # 62	Men 11-12 100 Fly	2	17	-0.59
1:06.03L	P # 62	Men 11-12 100 Fly	1	---	0.30
26.96L	P # 66	Men 11-12 50 Free	1	---	-0.37
27.17L	F # 66	Men 11-12 50 Free	2	17	-0.16
4:31.07L	F # 74	Men 11-12 400 Free	1	20	-2.42
58.28L	F # 106	Men 11-12 100 Free	1	20	-0.36
58.65L	P # 106	Men 11-12 100 Free	1	---	0.01
29.90L	P # 114	Men 11-12 50 Fly	2	---	-0.24
29.96L	F # 114	Men 11-12 50 Fly	2	17	-0.18
Carter Clark (16) M (WC)					
1:14.12L	P # 10	Men Senior 100 Breast	29	---	1.74
5:15.90L	P # 18	Men Senior 400 IM	36	---	9.95
25.85L	P # 46	Men Senior 50 Free	41	---	-0.14

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Time	F/P/S	Event	Place	Points	Improv
2:21.47L	P # 50	Men Senior 200 IM	26	---	-4.79
4:27.24L	P # 54	Men Senior 400 Free	23	---	-1.71
56.69L	P # 90	Men Senior 100 Free	37	---	-0.40
2:50.56L	P # 94	Men Senior 200 Breast	42	---	7.88
Hannah Cressman (12) W (WC)					
35.22L	P # 33	Women 11-12 50 Back	9	---	-0.17
1:00.72L	F # 37	200 Free Relay Lead Off	---	---	30.39
1:13.49L	P # 61	Women 11-12 100 Fly	5	---	-2.09
1:13.79L	F # 61	Women 11-12 100 Fly	7	12	-1.79
30.16L	P # 65	Women 11-12 50 Free	14	---	-0.17
2:49.46L	P # 69	Women 11-12 200 IM	17	---	2.32
1:16.38L	P # 101	Women 11-12 100 Back	7	---	-0.88
1:17.45L	F # 101	Women 11-12 100 Back	8	11	0.19
1:08.33L	P # 105	Women 11-12 100 Free	17	---	0.22
31.73L	P # 113	Women 11-12 50 Fly	2	---	-0.06
31.86L	F # 113	Women 11-12 50 Fly	3	16	0.07
Schuyler Daniel (11) W (SC)					
1:21.83L	P # 61	Women 11-12 100 Fly	18	---	-1.63
35.07L	P # 113	Women 11-12 50 Fly	23	---	-0.66
Elliott Fenton (15) M (WC)					
27.80L	P # 46	Men Senior 50 Free	87	---	0.46
Daniel Forsythe (20) M					
1:05.72L	F # 10	Men Senior 100 Breast	1	20	1.92
1:06.98L	P # 10	Men Senior 100 Breast	2	---	3.18
2:26.51L	P # 94	Men Senior 200 Breast	2	---	7.35
2:26.54L	F # 94	Men Senior 200 Breast	2	17	7.38
Robert Freeman (9) M (WC)					
2:48.09L	P # 28	Men 10 & Under 200 Free	16	---	---
41.93L	P # 36	Men 10 & Under 50 Back	17	---	---
35.19L	P # 68	Men 10 & Under 50 Free	23	---	---
5:48.07L	F # 76	Men 10 & Under 400 Free	9	---	---
1:35.20L	F # 80	200 Medley Relay Lead Off	---	---	---
1:30.46L	P # 100	Men 10 & Under 100 Back	19	---	---
1:16.26L	P # 104	Men 10 & Under 100 Free	13	---	---
47.23L	P # 112	Men 10 & Under 50 Fly	38	---	---
Kylie Frye (14) W (WC)					
31.20L	P # 47	Women 13-14 50 Free	38	---	-0.53
Jeffery Frye (16) M (WC)					
1:18.61L	P # 10	Men Senior 100 Breast	54	---	1.08
2:29.83L	P # 50	Men Senior 200 IM	57	---	-1.91
NS	P # 94	Men Senior 200 Breast	---	---	---
Elizabeth Gibbons (11) W (WC)					
2:34.72L	P # 25	Women 11-12 200 Free	28	---	-1.45
39.36L	P # 29	Women 11-12 50 Breast	12	---	-1.07

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Time	F/P/S	Event	Place	Points	Improv
38.21L	P # 33	Women 11-12 50 Back	31	---	0.95
1:05.25L	F # 37	200 Free Relay Lead Off	---	---	32.55
31.81L	P # 65	Women 11-12 50 Free	41	---	-0.89
2:53.32L	P # 69	Women 11-12 200 IM	22	---	-0.25
1:18.03L	P # 101	Women 11-12 100 Back	10	---	-1.47
1:27.27L	P # 109	Women 11-12 100 Breast	10	---	-0.99
Bradley Gillilan (17) M (SC)					
8:29.66L	F # 4B	Men 15 & Over 800 Free	1	20	-3.44
1:17.85L	P # 10	Men Senior 100 Breast	48	---	1.99
4:48.57L	F # 18	Men Senior 400 IM	9	9	-10.34
4:53.01L	P # 18	Men Senior 400 IM	13	---	-5.90
2:17.46L	P # 42	Men Senior 200 Fly	16	---	-8.97
4:10.48L	P # 54	Men Senior 400 Free	3	---	2.69
4:13.95L	F # 54	Men Senior 400 Free	8	11	6.16
16:18.30L	F # 82B	Men 15 & Over 1500 Free	1	20	2.36
NS	P # 94	Men Senior 200 Breast	---	---	---
Landon Graham (18) M (WC)					
2:01.15L	P # 6	Men Senior 200 Free	20	---	-1.84
4:54.33L	F # 18	Men Senior 400 IM	12	5	-0.33
4:57.84L	P # 18	Men Senior 400 IM	17	---	3.18
2:11.26L	P # 42	Men Senior 200 Fly	9	---	-4.61
2:11.74L	F # 42	Men Senior 200 Fly	8	11	-4.13
25.94L	P # 46	Men Senior 50 Free	43	---	-0.84
55.22L	P # 90	Men Senior 100 Free	21	---	-1.46
59.86L	P # 98	Men Senior 100 Fly	22	---	-1.14
Peter Grubb (17) M (WC)					
1:08.98L	P # 10	Men Senior 100 Breast	7	---	-1.18
1:09.13L	F # 10	Men Senior 100 Breast	5	14	-1.03
4:56.43L	P # 18	Men Senior 400 IM	15	---	-2.35
5:08.25L	F # 18	Men Senior 400 IM	15	2	9.47
2:22.24L DQ	P # 50	Men Senior 200 IM	---	---	---
4:31.19L	P # 54	Men Senior 400 Free	30	---	-7.60
2:28.52L	P # 94	Men Senior 200 Breast	4	---	-1.22
2:28.59L	F # 94	Men Senior 200 Breast	5	14	-1.15
Grace Hines (9) W (RC)					
36.50L	P # 67	Women 10 & Under 50 Free	46	---	-1.35
3:26.55L	P # 71	Women 10 & Under 200 IM	42	---	-2.34
1:36.06L	P # 99	Women 10 & Under 100 Back	42	---	-3.29
1:44.25L	P # 107	Women 10 & Under 100 Breast	23	---	-5.63
45.76L	P # 111	Women 10 & Under 50 Fly	53	---	4.07
Chandler Hinson (13) M					
9:19.60L	F # 4A	Men 13-14 800 Free	6	13	-23.95
1:06.62L	P # 16	Men 13-14 100 Back	9	---	-0.81
5:13.12L	P # 20	Men 13-14 400 IM	12	---	1.43

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Time	F/P/S	Event	Place	Points	Improv
1:00.56L	F # 24	400 Free Relay Lead Off	---	---	-0.09
2:26.62L	F # 44	Men 13-14 200 Fly	8	11	-3.56
2:26.88L	P # 44	Men 13-14 200 Fly	7	---	-3.30
4:34.55L	P # 56	Men 13-14 400 Free	16	---	-1.22
1:08.76L	F # 60	400 Medley Relay Lead Off	---	---	1.33
18:32.56L	F # 82A	Men 13-14 1500 Free	12	5	-11.13
2:24.92L	P # 84	Men 13-14 200 Back	9	---	-0.37
Madeline Hoff (12) W (WC)					
2:21.00L	P # 25	Women 11-12 200 Free	7	---	3.81
35.76L	P # 29	Women 11-12 50 Breast	1	---	-0.64
36.13L	F # 29	Women 11-12 50 Breast	1	20	-0.27
28.60L	P # 65	Women 11-12 50 Free	2	---	-0.83
29.22L	F # 65	Women 11-12 50 Free	5	14	-0.21
2:36.03L	F # 69	Women 11-12 200 IM	2	17	2.35
2:37.90L	P # 69	Women 11-12 200 IM	3	---	4.22
1:03.15L	P # 105	Women 11-12 100 Free	1	---	-0.42
1:03.73L	F # 105	Women 11-12 100 Free	4	15	0.16
1:19.49L	F # 109	Women 11-12 100 Breast	1	20	1.06
1:20.24L	P # 109	Women 11-12 100 Breast	1	---	1.81
34.02L	P # 113	Women 11-12 50 Fly	17	---	0.62
Jackson Houston (14) M (WC)					
1:24.70L	P # 12	Men 13-14 100 Breast	25	---	-1.44
5:40.22L	P # 20	Men 13-14 400 IM	36	---	-1.54
2:44.40L	P # 44	Men 13-14 200 Fly	30	---	0.97
2:40.25L	P # 52	Men 13-14 200 IM	45	---	-0.36
5:08.50L	P # 56	Men 13-14 400 Free	45	---	8.79
1:18.46L	F # 60	400 Medley Relay Lead Off	---	---	-0.53
3:04.05L	P # 92	Men 13-14 200 Breast	24	---	0.21
1:10.50L	P # 96	Men 13-14 100 Fly	30	---	-1.45
Emily Hughes (10) W (WC)					
2:34.35L	P # 27	Women 10 & Under 200 Free	6	---	-5.48
2:36.81L	F # 27	Women 10 & Under 200 Free	8	11	-3.02
37.45L	P # 35	Women 10 & Under 50 Back	4	---	-1.37
39.92L	F # 35	Women 10 & Under 50 Back	8	11	1.10
1:21.61L	P # 63	Women 10 & Under 100 Fly	3	---	-0.82
1:22.55L	F # 63	Women 10 & Under 100 Fly	5	14	0.12
2:58.75L	F # 71	Women 10 & Under 200 IM	7	12	-1.20
2:59.26L	P # 71	Women 10 & Under 200 IM	7	---	-0.69
5:24.33L	F # 75	Women 10 & Under 400 Free	7	12	-2.78
1:22.51L	P # 99	Women 10 & Under 100 Back	4	---	-2.45
1:23.28L	F # 99	Women 10 & Under 100 Back	6	13	-1.68
35.56L	P # 111	Women 10 & Under 50 Fly	4	---	-0.11
35.75L	F # 111	Women 10 & Under 50 Fly	6	13	0.08

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Kaitlynn Jackson (15) W (WC)					
1:26.12L	P # 9	Women Senior 100 Breast	43	---	-2.17
3:05.52L	P # 93	Women Senior 200 Breast	33	---	-4.66
Lissa Janowicz (16) W (WC)					
1:22.66L	P # 9	Women Senior 100 Breast	28	---	-1.92
5:11.88L	F # 17	Women Senior 400 IM	9	9	-0.14
5:20.28L	P # 17	Women Senior 400 IM	12	---	8.26
2:24.93L	F # 41	Women Senior 200 Fly	5	14	2.98
2:25.77L	P # 41	Women Senior 200 Fly	5	---	3.82
2:32.06L	P # 49	Women Senior 200 IM	19	---	-0.69
2:56.75L	P # 93	Women Senior 200 Breast	17	---	2.01
1:08.00L	P # 97	Women Senior 100 Fly	22	---	2.37
Jordan Jewell (12) M (WC)					
2:39.45L	P # 26	Men 11-12 200 Free	33	---	-1.83
44.27L	P # 30	Men 11-12 50 Breast	32	---	-1.38
37.08L	P # 34	Men 11-12 50 Back	24	---	-0.35
Marston Jones (20) M (DC)					
1:09.44L	P # 14	Men Senior 100 Back	63	---	-2.00
2:20.18L	P # 42	Men Senior 200 Fly	22	---	1.43
4:34.25L	P # 54	Men Senior 400 Free	37	---	6.95
1:04.64L	P # 98	Men Senior 100 Fly	50	---	1.32
Bryant Jones (20) M (DC)					
1:08.19L	P # 14	Men Senior 100 Back	50	---	1.79
5:04.42L	P # 18	Men Senior 400 IM	22	---	15.17
2:13.93L	F # 42	Men Senior 200 Fly	11	6	1.33
2:15.72L	P # 42	Men Senior 200 Fly	15	---	3.12
2:21.89L	P # 50	Men Senior 200 IM	27	---	3.10
59.26L	P # 98	Men Senior 100 Fly	17	---	0.02
59.65L	F # 98	Men Senior 100 Fly	15	2	0.41
Rachel Kaegi (15) W (WC)					
5:41.72L	P # 17	Women Senior 400 IM	32	---	-1.53
2:32.39L	P # 41	Women Senior 200 Fly	18	---	0.17
1:08.74L	P # 97	Women Senior 100 Fly	30	---	-1.34
Zachary Kent (15) M (DC)					
2:09.91L	P # 6	Men Senior 200 Free	59	---	-3.76
1:04.16L	P # 14	Men Senior 100 Back	23	---	-0.16
26.90L	P # 46	Men Senior 50 Free	64	---	-0.27
2:26.58L	P # 50	Men Senior 200 IM	45	---	-5.41
2:18.93L	P # 86	Men Senior 200 Back	16	---	0.46
2:19.53L	F # 86	Men Senior 200 Back	15	2	1.06
58.97L	P # 90	Men Senior 100 Free	64	---	-1.53
Brenna Kirkpatrick (12) W (WC)					
2:35.62L	P # 25	Women 11-12 200 Free	32	---	1.15
40.07L	P # 33	Women 11-12 50 Back	45	---	0.95

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32.03L	P # 65	Women 11-12 50 Free	44	---	-0.21
1:23.70L	P # 101	Women 11-12 100 Back	34	---	-0.65
1:10.96L	P # 105	Women 11-12 100 Free	38	---	0.43
36.64L	P # 113	Women 11-12 50 Fly	36	---	0.39
Logan Klinsky (13) W (WC)					
2:23.57L	P # 7	Women 13-14 200 Free	28	---	2.49
1:25.07L	P # 11	Women 13-14 100 Breast	20	---	-2.06
29.07L	P # 47	Women 13-14 50 Free	9	---	-0.51
2:39.44L	P # 51	Women 13-14 200 IM	16	---	-4.90
1:05.35L	P # 87	Women 13-14 100 Free	24	---	0.25
3:03.83L	P # 91	Women 13-14 200 Breast	16	---	-5.38
Spencer Klinsky (10) M (WC)					
2:40.32L	P # 28	Men 10 & Under 200 Free	8	---	-0.55
2:42.60L	F # 28	Men 10 & Under 200 Free	8	11	1.73
49.37L	P # 32	Men 10 & Under 50 Breast	22	---	1.76
1:17.44L	F # 64	Men 10 & Under 100 Fly	3	16	-1.77
1:18.03L	P # 64	Men 10 & Under 100 Fly	2	---	-1.18
34.53L	P # 68	Men 10 & Under 50 Free	15	---	-0.07
3:02.81L	F # 72	Men 10 & Under 200 IM	4	15	1.67
3:03.42L	P # 72	Men 10 & Under 200 IM	4	---	2.28
1:16.14L	P # 104	Men 10 & Under 100 Free	12	---	-0.22
34.11L	F # 112	Men 10 & Under 50 Fly	2	17	-0.28
34.74L	P # 112	Men 10 & Under 50 Fly	1	---	0.35
Madison Kolbe (13) W (SC)					
1:25.66L	P # 11	Women 13-14 100 Breast	21	---	0.14
3:09.75L	P # 91	Women 13-14 200 Breast	31	---	2.87
Elijah Leskinen (12) M (RC)					
10:05.72L	F # 2	Men 11-12 800 Free	3	16	-19.34
2:18.99L	F # 26	Men 11-12 200 Free	7	12	-1.00
2:20.55L	P # 26	Men 11-12 200 Free	7	---	0.56
34.52L	P # 34	Men 11-12 50 Back	11	---	-0.51
59.78L	F # 38	200 Free Relay Lead Off	---	---	30.12
29.19L	P # 66	Men 11-12 50 Free	9	---	-0.47
4:50.80L	F # 74	Men 11-12 400 Free	6	13	-3.31
1:11.32L	F # 78	200 Medley Relay Lead Off	---	---	36.29
1:14.11L	P # 102	Men 11-12 100 Back	9	---	-1.60
1:14.95L	F # 102	Men 11-12 100 Back	8	11	-0.76
1:04.60L	P # 106	Men 11-12 100 Free	8	---	-0.40
1:05.01L	F # 106	Men 11-12 100 Free	8	11	0.01
Luke Leskinen (10) M (RC)					
2:57.50L	P # 28	Men 10 & Under 200 Free	27	---	-1.65
49.96L	P # 32	Men 10 & Under 50 Breast	24	---	0.08
47.62L	P # 36	Men 10 & Under 50 Back	44	---	2.88
3:34.27L DQ	P # 72	Men 10 & Under 200 IM	---	---	---

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
1:36.33L	P # 100	Men 10 & Under 100 Back	32	---	-1.22
1:20.74L	P # 104	Men 10 & Under 100 Free	26	---	-4.33
1:46.23L	P # 108	Men 10 & Under 100 Breast	13	---	-3.44
Alan Liang (13) M (WC)					
1:18.76L	P # 12	Men 13-14 100 Breast	12	---	-3.20
1:09.23L	P # 16	Men 13-14 100 Back	19	---	-0.25
2:30.70L	P # 44	Men 13-14 200 Fly	13	---	-5.70
2:28.96L	P # 52	Men 13-14 200 IM	18	---	-0.48
2:38.03L	P # 84	Men 13-14 200 Back	23	---	9.40
2:54.62L	P # 92	Men 13-14 200 Breast	13	---	-4.05
1:07.72L	P # 96	Men 13-14 100 Fly	20	---	-0.46
Zhaoqi Li (16) M (WC)					
2:57.51L	P # 94	Men Senior 200 Breast	50	---	-3.65
Karla Luetzow (15) W (WC)					
1:28.43L	P # 9	Women Senior 100 Breast	51	---	0.11
3:07.98L	P # 93	Women Senior 200 Breast	36	---	1.08
John Lynch (16) M (WC)					
4:43.74L	P # 54	Men Senior 400 Free	57	---	-12.86
18:33.22L	F # 82B	Men 15 & Over 1500 Free	23	---	-27.08
Benjamin Massaro (9) M (RC)					
51.17L	P # 32	Men 10 & Under 50 Breast	30	---	-2.29
1:50.75L	DQ P # 108	Men 10 & Under 100 Breast	---	---	---
Barbara Massaro (12) W (RC)					
2:27.91L	P # 25	Women 11-12 200 Free	17	---	-3.17
39.34L	P # 29	Women 11-12 50 Breast	11	---	-0.11
30.86L	P # 65	Women 11-12 50 Free	25	---	-0.34
2:50.11L	P # 69	Women 11-12 200 IM	19	---	-2.45
1:21.41L	P # 101	Women 11-12 100 Back	22	---	-0.09
1:08.95L	P # 105	Women 11-12 100 Free	19	---	-0.58
1:30.07L	P # 109	Women 11-12 100 Breast	16	---	1.82
Rachel Massaro (10) W (RC)					
41.98L	P # 31	Women 10 & Under 50 Breast	3	---	-1.19
42.84L	F # 31	Women 10 & Under 50 Breast	4	15	-0.33
38.29L	P # 35	Women 10 & Under 50 Back	7	---	-1.30
38.84L	F # 35	Women 10 & Under 50 Back	6	13	-0.75
33.55L	F # 39	200 Free Relay Lead Off	---	---	-0.17
1:26.23L	P # 63	Women 10 & Under 100 Fly	11	---	0.29
2:55.29L	F # 71	Women 10 & Under 200 IM	6	13	-2.88
2:57.85L	P # 71	Women 10 & Under 200 IM	6	---	-0.32
1:25.53L	P # 99	Women 10 & Under 100 Back	11	---	1.52
1:33.59L	P # 107	Women 10 & Under 100 Breast	4	---	-1.51
1:34.78L	F # 107	Women 10 & Under 100 Breast	4	15	-0.32
36.53L	P # 111	Women 10 & Under 50 Fly	9	---	0.04

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
Sara Menke (15) W (RC)					
18:04.36L	F # 3B	Women 15 & Over 1500 Free	3	16	16.56
2:11.30L	F # 5	Women Senior 200 Free	13	4	-0.14
2:11.54L	P # 5	Women Senior 200 Free	13	---	0.10
5:34.92L	P # 17	Women Senior 400 IM	27	---	4.39
28.51L	P # 45	Women Senior 50 Free	19	---	-1.14
4:30.64L	P # 53	Women Senior 400 Free	3	---	-0.35
4:32.67L	F # 53	Women Senior 400 Free	4	15	1.68
9:25.92L	F # 81B	Women 15 & Over 800 Free	5	14	7.46
1:02.92L	P # 89	Women Senior 100 Free	37	---	0.11
Sabrina Mohsenin (17) W (WC)					
1:27.66L	P # 9	Women Senior 100 Breast	49	---	2.80
NS	P # 45	Women Senior 50 Free	---	---	---
4:58.70L	P # 53	Women Senior 400 Free	40	---	-3.92
NS	P # 89	Women Senior 100 Free	---	---	---
3:09.04L	P # 93	Women Senior 200 Breast	37	---	4.87
McKenna Morello (9) W (WC)					
50.25L	P # 31	Women 10 & Under 50 Breast	40	---	-1.38
45.33L	P # 35	Women 10 & Under 50 Back	56	---	-1.25
3:28.49L	P # 71	Women 10 & Under 200 IM	44	---	-6.02
1:49.84L	P # 107	Women 10 & Under 100 Breast	32	---	-1.55
45.47L	P # 111	Women 10 & Under 50 Fly	52	---	0.47
Emma Morris (15) W (WC)					
1:10.75L	P # 13	Women Senior 100 Back	24	---	-0.91
1:03.51L	F # 21	400 Free Relay Lead Off	---	---	-0.31
28.88L	P # 45	Women Senior 50 Free	31	---	-0.08
2:35.14L	P # 49	Women Senior 200 IM	34	---	-1.48
1:12.07L	F # 57	400 Medley Relay Lead Off	---	---	0.41
2:32.51L	P # 85	Women Senior 200 Back	18	---	-3.20
1:03.10L	P # 89	Women Senior 100 Free	41	---	-0.72
1:10.69L	P # 97	Women Senior 100 Fly	41	---	-1.01
Curtis Moseley (11) M (WC)					
2:32.69L	P # 26	Men 11-12 200 Free	22	---	-5.41
1:18.32L	P # 62	Men 11-12 100 Fly	11	---	-1.01
2:53.88L	P # 70	Men 11-12 200 IM	16	---	0.11
5:18.55L	F # 74	Men 11-12 400 Free	18	---	-4.62
1:21.88L	P # 102	Men 11-12 100 Back	25	---	-0.74
NS	P # 106	Men 11-12 100 Free	---	---	---
34.90L	P # 114	Men 11-12 50 Fly	17	---	-1.48
James Moseley (15) M (WC)					
9:23.66L	F # 4B	Men 15 & Over 800 Free	17	---	-14.28
2:12.26L	P # 6	Men Senior 200 Free	66	---	-0.70
5:07.37L	P # 18	Men Senior 400 IM	27	---	-15.08
2:28.84L	P # 50	Men Senior 200 IM	54	---	-2.28

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
4:34.87L	P # 54	Men Senior 400 Free	42	---	-4.99
17:55.18L	F # 82B	Men 15 & Over 1500 Free	16	1	-4.97
2:28.02L	P # 86	Men Senior 200 Back	35	---	-1.76
Michael Ng (17) M (DC)					
1:00.11L	F # 14	Men Senior 100 Back	11	6	-0.05
1:00.26L	P # 14	Men Senior 100 Back	10	---	0.10
56.11L	F # 22	400 Free Relay Lead Off	---	---	0.05
25.97L	P # 46	Men Senior 50 Free	44	---	-0.37
1:00.98L	F # 58	400 Medley Relay Lead Off	---	---	0.82
2:11.91L	P # 86	Men Senior 200 Back	6	---	2.54
2:12.50L	F # 86	Men Senior 200 Back	5	14	3.13
59.81L	P # 98	Men Senior 100 Fly	21	---	-0.45
Nicholas Ng (13) M (DC)					
1:25.22L	P # 12	Men 13-14 100 Breast	27	---	0.57
5:25.36L	P # 20	Men 13-14 400 IM	24	---	4.44
2:34.26L	P # 44	Men 13-14 200 Fly	22	---	1.21
4:43.14L	P # 56	Men 13-14 400 Free	25	---	-9.10
2:57.60L	P # 92	Men 13-14 200 Breast	17	---	-1.67
1:11.15L	P # 96	Men 13-14 100 Fly	33	---	1.78
Allison O'Neill (15) W (WC)					
2:24.47L	P # 5	Women Senior 200 Free	54	---	6.23
2:44.37L	P # 41	Women Senior 200 Fly	35	---	8.51
31.32L	P # 45	Women Senior 50 Free	71	---	1.83
4:52.99L	P # 53	Women Senior 400 Free	31	---	-0.49
1:05.96L	P # 89	Women Senior 100 Free	66	---	2.09
1:14.08L	P # 97	Women Senior 100 Fly	53	---	3.06
Bailey Page (13) W (WC)					
1:16.09L	P # 15	Women 13-14 100 Back	27	---	-0.42
30.12L	P # 47	Women 13-14 50 Free	22	---	0.40
2:43.52L	P # 51	Women 13-14 200 IM	30	---	-1.59
2:42.21L	P # 83	Women 13-14 200 Back	22	---	-5.90
1:05.21L	P # 87	Women 13-14 100 Free	21	---	-0.58
3:12.60L	P # 91	Women 13-14 200 Breast	33	---	-0.43
Jacqueline Painter (18) W (WC)					
1:19.97L	P # 9	Women Senior 100 Breast	14	---	1.28
1:20.13L	F # 9	Women Senior 100 Breast	14	3	1.44
28.82L	P # 45	Women Senior 50 Free	28	---	0.63
Michael Pintauro (17) M (WC)					
9:43.31L	F # 4B	Men 15 & Over 800 Free	23	---	---
1:10.41L	P # 14	Men Senior 100 Back	65	---	-1.80
4:42.69L	P # 54	Men Senior 400 Free	54	---	-7.90
18:28.78L	F # 82B	Men 15 & Over 1500 Free	21	---	-28.43
2:31.63L	P # 86	Men Senior 200 Back	42	---	-1.14

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
Margaret Pope (14) W (DC)					
2:17.86L	P # 7	Women 13-14 200 Free	12	---	1.38
1:11.42L	F # 15	Women 13-14 100 Back	7	12	0.24
1:11.69L	P # 15	Women 13-14 100 Back	8	---	0.51
5:35.17L	P # 19	Women 13-14 400 IM	14	---	0.78
1:03.11L	F # 23	400 Free Relay Lead Off	---	---	-0.35
29.19L	P # 47	Women 13-14 50 Free	11	---	0.04
1:11.09L	F # 59	400 Medley Relay Lead Off	---	---	-0.09
2:36.45L	P # 83	Women 13-14 200 Back	11	---	-1.96
1:02.90L	F # 87	Women 13-14 100 Free	6	13	-0.56
1:03.14L	P # 87	Women 13-14 100 Free	6	---	-0.32
1:11.29L	P # 95	Women 13-14 100 Fly	13	---	0.39
Kurt Ramer (18) M (WC)					
1:04.04L	P # 14	Men Senior 100 Back	21	---	0.97
5:07.04L	P # 18	Men Senior 400 IM	26	---	2.66
58.06L	F # 22	400 Free Relay Lead Off	---	---	0.11
2:22.83L	P # 50	Men Senior 200 IM	31	---	0.66
1:03.37L	F # 58	400 Medley Relay Lead Off	---	---	0.30
2:15.52L	F # 86	Men Senior 200 Back	12	5	-1.07
2:18.39L	P # 86	Men Senior 200 Back	14	---	1.80
NS	P # 90	Men Senior 100 Free	---	---	---
1:02.17L	P # 98	Men Senior 100 Fly	32	---	-0.28
Dmitriy Rebrov (16) M (RC)					
NS	P # 42	Men Senior 200 Fly	---	---	---
26.86L	P # 46	Men Senior 50 Free	63	---	-0.56
4:41.89L	P # 54	Men Senior 400 Free	52	---	1.08
2:28.94L	P # 86	Men Senior 200 Back	38	---	-0.04
58.82L	P # 90	Men Senior 100 Free	62	---	-0.34
1:03.61L	P # 98	Men Senior 100 Fly	39	---	-0.97
Allison Riley (11) W (SC)					
40.67L	P # 29	Women 11-12 50 Breast	17	---	-0.79
39.57L	P # 33	Women 11-12 50 Back	41	---	0.57
32.87L	P # 65	Women 11-12 50 Free	54	---	0.04
1:17.37L	F # 77	200 Medley Relay Lead Off	---	---	38.37
1:23.61L	P # 101	Women 11-12 100 Back	33	---	1.00
1:30.81L	P # 109	Women 11-12 100 Breast	17	---	-0.25
Christopher Roberts (16) M (WC)					
27.44L	P # 46	Men Senior 50 Free	82	---	-1.79
1:00.03L	P # 90	Men Senior 100 Free	73	---	-4.15
3:00.49L	P # 94	Men Senior 200 Breast	53	---	-6.33
Paul Rowland (15) M (WC)					
1:08.69L	P # 14	Men Senior 100 Back	56	---	-3.27
2:28.30L	P # 86	Men Senior 200 Back	36	---	-5.05

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
Katherine Sargent (16) W (WC)					
2:16.99L	P # 5	Women Senior 200 Free	38	---	0.73
5:34.32L	P # 17	Women Senior 400 IM	26	---	4.75
2:35.76L	P # 41	Women Senior 200 Fly	24	---	1.19
NS	P # 49	Women Senior 200 IM	---	---	---
4:47.90L	P # 53	Women Senior 400 Free	22	---	5.67
1:09.68L	P # 97	Women Senior 100 Fly	35	---	1.13
Ryker Saunders (17) M					
1:57.48L	P # 6	Men Senior 200 Free	8	---	-5.25
1:57.90L	F # 6	Men Senior 200 Free	7	12	-4.83
1:01.42L	P # 14	Men Senior 100 Back	15	---	-2.40
1:01.69L	F # 14	Men Senior 100 Back	14	3	-2.13
2:09.19L	P # 42	Men Senior 200 Fly	6	---	---
2:09.85L	F # 42	Men Senior 200 Fly	6	13	---
24.96L	P # 46	Men Senior 50 Free	16	---	-0.31
25.01L	F # 46	Men Senior 50 Free	15	2	-0.26
53.98L	P # 90	Men Senior 100 Free	9	---	-1.15
54.13L	F # 90	Men Senior 100 Free	8	11	-1.00
57.76L	P # 98	Men Senior 100 Fly	10	---	-2.49
58.66L	F # 98	Men Senior 100 Fly	11	6	-1.59
Paige Scheriger (13) W (SC)					
1:21.58L	F # 11	Women 13-14 100 Breast	6	13	-1.99
1:21.72L	P # 11	Women 13-14 100 Breast	6	---	-1.85
2:55.84L	F # 91	Women 13-14 200 Breast	5	14	-5.40
2:56.58L	P # 91	Women 13-14 200 Breast	6	---	-4.66
Corbin Shuler (13) M (WC)					
1:24.10L	P # 12	Men 13-14 100 Breast	24	---	1.98
1:16.88L	P # 16	Men 13-14 100 Back	38	---	1.03
1:04.71L	F # 24	400 Free Relay Lead Off	---	---	0.86
29.09L	P # 48	Men 13-14 50 Free	38	---	0.17
2:35.58L	P # 52	Men 13-14 200 IM	36	---	-2.34
1:04.54L	P # 88	Men 13-14 100 Free	47	---	0.69
2:58.49L	P # 92	Men 13-14 200 Breast	18	---	2.08
David Shuler (16) M (WC)					
2:08.00L	P # 6	Men Senior 200 Free	46	---	-3.29
5:06.35L	P # 18	Men Senior 400 IM	25	---	-18.29
2:21.03L	P # 42	Men Senior 200 Fly	23	---	-1.72
2:24.60L	P # 50	Men Senior 200 IM	38	---	-4.44
4:34.50L	P # 54	Men Senior 400 Free	40	---	-4.57
2:47.33L	P # 94	Men Senior 200 Breast	33	---	-7.37
1:02.19L	P # 98	Men Senior 100 Fly	33	---	-3.59
Rebecca Sinard (13) W (WC)					
1:27.78L	P # 11	Women 13-14 100 Breast	28	---	1.00
3:08.89L	P # 91	Women 13-14 200 Breast	29	---	-1.54

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SENAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
Nancy Smith (14) W (WC)					
19:16.79L	F # 3A	Women 13-14 1500 Free	8	11	-13.50
1:18.67L	F # 11	Women 13-14 100 Breast	1	20	-2.28
1:19.12L	P # 11	Women 13-14 100 Breast	1	---	-1.83
5:21.03L	P # 19	Women 13-14 400 IM	2	---	-2.81
5:24.18L	F # 19	Women 13-14 400 IM	4	15	0.34
2:32.46L	F # 51	Women 13-14 200 IM	6	13	-2.69
2:33.69L	P # 51	Women 13-14 200 IM	5	---	-1.46
4:48.69L	F # 55	Women 13-14 400 Free	6	13	-0.75
4:48.89L	P # 55	Women 13-14 400 Free	6	---	-0.55
2:47.92L	F # 91	Women 13-14 200 Breast	1	20	-0.26
2:51.08L	P # 91	Women 13-14 200 Breast	1	---	2.90
1:13.81L	P # 95	Women 13-14 100 Fly	26	---	-2.08
Grant Stafford (14) M (WC)					
2:02.97L	F # 8	Men 13-14 200 Free	2	17	-2.46
2:05.44L	P # 8	Men 13-14 200 Free	1	---	0.01
1:03.74L	F # 16	Men 13-14 100 Back	3	16	-1.59
1:05.03L	P # 16	Men 13-14 100 Back	5	---	-0.30
25.76L	F # 48	Men 13-14 50 Free	2	17	-0.74
26.21L	P # 48	Men 13-14 50 Free	2	---	-0.29
4:22.65L	F # 56	Men 13-14 400 Free	3	16	-1.09
4:23.45L	P # 56	Men 13-14 400 Free	1	---	-0.29
2:17.73L	F # 84	Men 13-14 200 Back	4	15	-0.27
2:20.50L	P # 84	Men 13-14 200 Back	4	---	2.50
57.10L	F # 88	Men 13-14 100 Free	4	15	-0.68
57.97L	P # 88	Men 13-14 100 Free	5	---	0.19
1:06.10L	P # 96	Men 13-14 100 Fly	12	---	2.27
Alexis Swift (11) W (SC)					
2:28.09L	P # 25	Women 11-12 200 Free	18	---	-4.64
34.43L	F # 33	Women 11-12 50 Back	3	16	-1.27
34.47L	P # 33	Women 11-12 50 Back	7	---	-1.23
1:22.19L	P # 61	Women 11-12 100 Fly	19	---	-2.15
30.20L	P # 65	Women 11-12 50 Free	16	---	-1.65
1:10.19L	F # 77	200 Medley Relay Lead Off	---	---	34.49
1:13.40L	F # 101	Women 11-12 100 Back	4	15	-4.35
1:14.45L	P # 101	Women 11-12 100 Back	4	---	-3.30
1:08.56L	P # 105	Women 11-12 100 Free	18	---	-1.05
35.14L	P # 113	Women 11-12 50 Fly	24	---	-1.90
Nathan Thomas (15) M (WC)					
1:06.49L	P # 14	Men Senior 100 Back	38	---	-2.21
5:10.35L	P # 18	Men Senior 400 IM	31	---	-10.32
2:24.25L	P # 86	Men Senior 200 Back	25	---	-4.91
Grace Van Ryckeghem (15) W (WC)					
19:21.71L	F # 3B	Women 15 & Over 1500 Free	12	5	28.55

EXCEL AQUATICS
Age Group

Individual Meet Results

2009 SE LC Southeastern Championships 23-Jul-09 to 26-Jul-09 LC Meters

Sanction: 08SEAC7-17 Location: Nashville, TN

EXCEL AQUATICS [XCEL-SE] Coach: Mark Walker

Time	F/P/S	Event	Place	Points	Improv
5:39.32L	P # 17	Women Senior 400 IM	29	---	-1.85
4:55.77L	P # 53	Women Senior 400 Free	36	---	4.56
Arthur Vidineyev (13) M (WC)					
9:13.76L	F # 4A	Men 13-14 800 Free	3	16	-8.14
2:10.25L	P # 8	Men 13-14 200 Free	14	---	0.19
4:57.74L	F # 20	Men 13-14 400 IM	1	20	-7.44
4:59.77L	P # 20	Men 13-14 400 IM	2	---	-5.41
2:23.29L	F # 44	Men 13-14 200 Fly	5	14	-0.95
2:24.73L	P # 44	Men 13-14 200 Fly	5	---	0.49
4:27.46L	P # 56	Men 13-14 400 Free	4	---	-4.32
4:27.73L	F # 56	Men 13-14 400 Free	6	13	-4.05
17:29.82L	F # 82A	Men 13-14 1500 Free	3	16	-30.11
Alia Welsh (16) W (WC)					
2:12.28L	P # 5	Women Senior 200 Free	17	---	0.37
1:21.78L	P # 9	Women Senior 100 Breast	25	---	1.46
5:19.20L	F # 17	Women Senior 400 IM	12	5	6.27
5:19.47L	P # 17	Women Senior 400 IM	10	---	6.54
29.20L	P # 45	Women Senior 50 Free	41	---	0.29
2:32.82L	P # 49	Women Senior 200 IM	23	---	4.33
4:41.65L	P # 53	Women Senior 400 Free	17	---	6.65
Jennifer Wen (10) W (WC)					
2:57.59L	P # 27	Women 10 & Under 200 Free	39	---	-10.80
47.02L	P # 31	Women 10 & Under 50 Breast	19	---	-4.17
36.34L	P # 67	Women 10 & Under 50 Free	44	---	-1.42
1:22.33L	P # 103	Women 10 & Under 100 Free	44	---	-0.86
1:45.01L	P # 107	Women 10 & Under 100 Breast	26	---	-3.22
40.78L	P # 111	Women 10 & Under 50 Fly	29	---	-2.19
Jessica Wingo (11) W (WC)					
40.26L	P # 33	Women 11-12 50 Back	47	---	0.21
33.61L	P # 65	Women 11-12 50 Free	61	---	0.78
1:25.20L	P # 101	Women 11-12 100 Back	44	---	-0.28
1:37.72L	P # 109	Women 11-12 100 Breast	40	---	0.92
Brittany Zobl (15) W (SC)					
1:13.29L	P # 13	Women Senior 100 Back	42	---	1.75
29.27L	P # 45	Women Senior 50 Free	46	---	0.29
1:11.69L	F # 57	400 Medley Relay Lead Off	---	---	0.15
2:36.82L	P # 85	Women Senior 200 Back	27	---	2.27
1:05.39L	P # 89	Women Senior 100 Free	60	---	2.13