

Fairview Group Fitness Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Yoga for Seniors 10:30-11:30am	Senior Belly Tone 10:30-11:30am	Yoga for Seniors 10:30-11:30am	Senior Belly Tone 10:30-11:30am	Yoga for Seniors 10:30-11:30am
		Yoga 4:30-5:30pm		Piloxing 4:30-5:30pm
Boot Camp 5:30-6:15pm	Piloxing 5:30-6:30pm	Boot Camp 5:30-6:15pm		
Zumba 6:30-7:30pm	Zumba 6:30-7:30pm		Zumba 6:30-7:30pm	Saturday
	Yoga 7:40-8:40pm		Yoga 7:40-8:40pm	Zumba 9:00-10:00am