

DRESS AND APPEARANCE CODES FOR EAGLE'S NEST STAFF AND CAMPERS

Eagle's Nest feels that it is important for all staff and campers to pay attention to our appearances and messages that we send through our dress. It is important that we create a comfortable environment for all parties who are in attendance at Eagle's Nest. We remind you that as JCs, your dress reflects on you *and* it sets an example for campers. Make that example a good one!

Clothing

- Neat and clean clothing that is appropriate for the activity is the expectation at Eagle's Nest.
- No sexually provocative or revealing attire.
- No offensive attire. We ask you not to advertise tobacco products or alcohol or wear articles of clothing containing profanity, sexual connotations or racial slurs.
- Shirts are to be worn at all times except in the instance of an athletic or aquatic event that would allow for a shirtless environment for men and boys and jog bras or bathing suit for women and girls. No strapless shirts or tube tops. All shirts should cover the midriff.
- No short shorts or very short skirts.
- Pants and shorts should be worn at or above the hip bone with no underwear showing.
- Shoes proper to the activity are to be worn at all times. This requirement is actually an important injury preventer.
- One-piece bathing suits preferred, or best design for high activity. No string bikinis.

Appearance

- Tattoos and body piercings should be unobtrusive and of a noncontroversial content. This includes no facial tattoos. In general, what we find is that earrings in the **outer** lobe of the ear, and nose **studs only** are acceptable. Some piercings we find unacceptable and/or unsafe are navel, inner ear, tongue, eyebrows, lips, and nose **rings**. Ear plugs are also not accepted. **(Ornamentation in these areas needs to be removed before arriving on Eagle's Nest campus).**
- We expect everyone to keep their body clean and their hair washed.
- For members of our community who choose to have dreadlocks, we will, on occasion, ask that the hair be put up.
- No piercing, head shaving, hair coloring or drastic appearance alterations while at camp.

Thank you for your attention to these guidelines. We respect your desire to express yourself and recognize that body modifications are common. However, these modifications can be unsafe in our very active environment. The **Administration reserves the right to request the removal of body ornaments and the covering of tattoos should it be felt that they are beyond what is acceptable to our group of parents, students, and staff.** Compliance with the request is necessary for continuation in the program.

If you have questions about any of the above guidelines and how they relate to you, please don't hesitate to ask. **You will need to be in agreement with these guidelines to attend any Eagle's Nest program.** These guidelines are also in effect for our staff.