



Recreation Review

Williamson County Parks and Recreation

January, February, March 2012 Therapeutic Division

Potluck and Bingo

It's cold outside so come in, get warm and enjoy our monthly Potluck! Enjoy a variety of home cooked dishes and festive atmosphere! Add an hour of exciting Bingo and you have a fun-filled evening! We provide the meat, drinks and Bingo prizes. Participants are asked to bring a side dish or dessert to share.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support. Caregivers are asked to register if planning to attend and eat. Due to the limited number of winners, Bingo prizes are only awarded to participants.

Franklin Recreation Complex

Day: Thursday

Ages: Young adults and up

Time: 5:30pm to 7:30pm

Date: January 12th

Registration: December 1st to January 10th

Longview Recreation Center

Day: Tuesday

Ages: Young adults and up

Time: 5:30pm to 7:30pm

Date: January 24th

Registration: December 13th to January 23rd

Date: February 9th

Registration: January 12th
To February 7th

Date: February 21st

Registration: January 24th to
February 20th

Date: March 1st

Registration: February 9th to
February 28th

Date: March 20th

Registration: February 21st to
March 19th

Cost: Free..... Please bring a side dish or dessert to share. To Register:

Franklin: (615)790-5719 ext 10 Longview: (615)302-0971 ext 10

www.weparksandrec.com



“Registration Reminders”

We have a monthly “Registration Reminder” email service for our participants and their families. The emails include program registration start and ending dates, as well as inclement weather information.

The “Registration Reminder” is divided into three categories for information pertinent to the program:

- Young adults and up– Potluck and Bingo, Recreation Nights, Games Galore etc.
- Respite
- Camp Will

If you would like to receive a monthly “Registration Reminder,” please do the following:

1. Email Jayne McFadden: jaynem@williamson-tn.org
2. In the subject area of your email put “Reminder Request.”
3. In the content of the email, put the category (Young adults and up, Respite, Camp Will) you wish to receive reminders about. **You may request more than one category.**

When you begin receiving your “Registration Reminders,” the subject area will read “Registration Reminder.” For questions, call Jayne McFadden @ 790-5719 ext 33.



Program Registration Information



Registration must be by the deadline and payment received within five days of registering at the center of the event. You must speak to a receptionist to make a reservation.

Payments can be:

1. Made in person-by stopping by the front desk during regular business hours.
2. Phoned in with credit card
3. Pay by check and mailed to the center.

Franklin Recreation Complex

WCPR
Attention: Therapeutics
1120 Hillsboro Road
Franklin, TN 37064

Longview Recreation Center

WCPR
Attention: Therapeutics
2909 Commonwealth Drive
Spring Hill, TN 37174

See Respite section for Respite Registration!

INCLEMENT WEATHER POLICY

If you are concerned of a possible program cancellation due to weather conditions, please call (615)790-5719 ext. 33 in Franklin or (615)302-0971 ext. 18 in Longview the day of the program.

Web site: www.weparksandrec.com

Bowling

Bowling is starting up again so meet us at Franklin Family Entertainment Center for a fun afternoon. Due to staffing, one on one assistance is not available for this activity. We look forward to seeing you there!

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support.

Day: Tuesdays

Date: January 10th to March 27th

Time: 3:00pm to 4:30pm.

Ages: All ages welcome.

Cost: \$3.00 paid to Franklin Family Entertainment Center, includes bowling, ball, and shoes.

Facility: Franklin Family Entertainment Center, 1200 Lakeview Drive, Franklin.

Registration: No registration required, please arrive at Franklin Family Entertainment Center by 3:00pm.

* Please note: Bowling will not meet if Williamson County schools are closed.



Franklin Recreation Complex Recreation Night— Karaoke

Join us for an evening where you can be the star. Take your turn singing your favorite songs or dancing if you choose. Bring your own CD if you have a specific song to sing. We will serve a dinner of BBQ, Baked Beans, cole slaw, dessert, and drinks.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support. Caregivers wishing to eat are asked to register and pay the program fee.

Day: Thursday

Date: January 19th

Time: 5:30pm to 7:30pm

Ages: Young adults and up

Cost: \$5.00

Facility: Franklin Recreation Complex

Registration: December 29th to January 17th
790-5719 ext 10



Super Saturday Respite

Must be a resident of Williamson County. Participants will enjoy a day that may include swimming, dance or music, games, Wii, and crafts. Because swimming is our first activity at Franklin please send your child dressed to swim. Also send a towel, a change of clothes, lunch, snack and drink. Personal care is provided. Check in is between 10:00am and 10:30am. If you have not checked in by 10:30am you will forfeit your space. Please note: Enrollment is limited.

Franklin Recreation Complex

Phone: 790-5719 ext 10

Day: Saturday

Date: January 7th

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: December 19th to December 31st or until full.



Longview Recreation Center

Phone: 302-0971 ext. 10

Day: Saturday

Date: January 21st

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: January 6th to January 16th or until full.



Day: Saturday

Date: February 11th

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: January 30th to February 6th or until full.

Day: Saturday

Date: February 25th

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: February 10th to February 20th or until full.

Day: Saturday

Date: March 3rd

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: February 21st to February 28th or until full.

Day: Saturday

Date: March 10th

Time: 10:00am to 3:00pm

Ages: 6 to 23 years

Cost: \$20.00

Registration: February 24th to March 5th or until full.

Registration Policy

1. You may walk-in or call beginning at 9:00am the first day of registration.
2. If the line is busy, keep calling. Leaving a message is not registering.
3. **New!** Effective January 1, 2012, if you are registered at one location, and space is available at the other location, you may register for a second respite.

Please note: Space is limited for this program! Registration is first come/call, first serve.

How to Make Payment:

1. Payment— Must be received within 5 days of registration or you will be moved to the waiting list. No reminder calls will be made to make payment.
2. You may charge over the phone. **(a small processing fee will also be charged)**
3. You may mail payment or walk-in to the facility and pay within 5 days.

Fitness Fun

Have fun and get fit in the New Year! We begin with stretching by using exercises and resistance bands then transitioning into strengthening with light hand weights and stability balls. We complete our workout with a 30 minute walk. Please be aware that we walk outside on the walking trail when weather permits and upstairs on the indoor walking track during colder or rainy weather. Please note: Participants must be independent and can follow directions within a small group.

Days: Wednesdays

Time: 4:00pm to 4:50pm

Ages: 13 and up

Facility: Franklin Recreation Complex



Dates: January 4th, 11th, 18th, & 25th

Registration: December 13th to Jan 3rd

Cost: \$12.00



Dates: February 1st, 8th, 15th, 22nd, & 29th

Registration: January 11th to January 31st

Cost: \$15.00

Dates: March 7th, 14th, 21st, & 28th

Registration: February 13th to March 6th

Cost: \$12.00



Games Galore

Lets Play Minute to Win it

Join us for an evening packed with fun and laughs as we all try our best to complete the tasks and beat the clock. It's as much fun to watch as it is to play to play. We will also enjoy a dinner of chicken tenders, salad, chips, drinks, and dessert.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support. Caregivers wishing to eat are asked to register and pay the program fee.

Day: Thursday

Date: January 26th

Time: 5:30pm to 7:30pm

Ages: Young adults and up

Cost: \$5.00

Facility: Franklin Recreation Complex

Registration: January 3rd to January 24th 790-5719 ext. 10



Games Galore

Group games

Playing large group games is a great way to spend the night with friends. We will play games such as Sharks and Minnows, ten pin knock down, and the parachute. A taco bar dinner and dessert will also be served.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support. Caregivers wishing to eat are asked to register and pay the program fee.

Day: Thursday

Date: February 16th

Time: 5:30pm to 7:30pm

Ages: young adults and up

Cost: \$5.00

Facility: Franklin Recreation Complex

Registration: January 24th to February 14th 790-5719 ext. 10





Franklin Recreation Complex
Recreation Night -Sweet Treats

Come out and have a sweet time making chocolate candy. Enjoy an evening making a variety of treats to take home to someone special. A dinner of chicken tenders, salad, chips, cookies, and drinks will be served as well.

PALS Program: People at Leisure with Support. *A caregiver is required to stay with those needing support. Caregivers wishing to eat are asked to register and pay the program fee.*

Day: Thursday
Date: February 9th
Time: 5:30pm to 7:30pm.
Ages: Young adults and up
Cost: \$5.00
Registration: January 17th to February 7th
790-5719 ext.10
Location: Franklin Recreation Complex



Recreation Night

Let's Make Stepping Stones



Step out on Thursday night and make your own stepping stone. You will enjoy a evening showing off your creative side designing a stone. A dinner of pizza, salad, chips, drinks, and dessert will also be served. You won't want to miss this fun activity.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support . Caregivers wishing to eat are asked to register and pay the program fee.

Day: Thursday

Date: March 8th

Time: 5:30pm to 7:30pm

Ages: Young adults and up

Cost: \$8.00

Facility: Franklin Recreation Complex

Registration: February 13th to March 6th 790-5719 ext.10



Games Galore

St. Patrick's Day Party

Come have a great time with friends playing St. Patrick's themed games and celebrating the Irish .We will serve roast beef sandwiches, chips, salad, soda, and green sherbet floats. Don't forget to wear your green.

PALS Program: People at Leisure with Support— A caregiver is required to stay with those needing support. Caregivers wishing to eat are asked to register and pay the program fee.

Day: Thursday

Date: March 15th

Time: 5:30pm to 7:30pm

Ages: young adults and up

Cost: \$5.00

Location: Franklin Recreation Complex

Registration: February 13th to March 13th 790-5719 ext.10



January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1 Key Franklin Activities in Italics and FC</i>	2 Key Longview Activities in Bold and LV	3	4 <i>Fitness 4:00pm to 4:50pm FC</i>	5	6	7 <i>Respite 10:00am to 3:00pm FC</i>
8	9	10 <i>Bowling 3:00pm to 4:30pm FFEC</i>	11 <i>Fitness 4:00pm to 4:50pm FC</i>	12 <i>Potluck and Bingo 5:30pm to 7:30pm FC</i>	13	14
15	16	17 <i>Bowling 3:00pm to 4:30pm FFEC</i>	18 <i>Fitness 4:00pm to 4:50pm FC</i>	19 <i>Recreation Night 5:30pm to 7:30pm FC</i>	20	21 Respite 10:00am to 2:00pm LV
22	23	24 Potluck and Bingo 5:30pm to 7:30pm LV Bowling	25 <i>Fitness 4:00pm to 4:50pm FC</i>	26 <i>Games Galore 5:30pm to 7:30pm FC</i>	27	28
29	30	31 <i>Bowling 3:00pm to 4:30pm FFEC</i>				

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Key Franklin Activities in Italics and FC</i>	Key Longview Activities in Bold and LV		<i>1 Fitness 4:00pm to 4:50pm FC</i>	<i>2 Potluck and Bingo 5:30pm to 7:30pm FC</i>	<i>3</i>	<i>4</i>
<i>5</i>	<i>6</i>	<i>7 Bowling 3:00pm to 4:30pm FFEC</i>	<i>8 Fitness 4:00pm to 4:50pm FC</i>	<i>9 Recreation Night 5:30pm to 7:30pm FC</i>	<i>10</i>	<i>11 Respite 10:00am to 3:00pm FC</i>
<i>12</i>	<i>13</i>	<i>14 Bowling 3:00pm to 4:30pm FFEC</i>	<i>15 Fitness 4:00pm to 4:50pm FC</i>	<i>16 Games Galore 5:30pm to 7:30pm FC</i>	<i>17</i>	<i>18</i>
<i>19</i>	<i>20</i>	<i>21 Potluck and Bingo 5:30pm to 7:30pm LV Bowling FFEC</i>	<i>22 Fitness 4:00pm to 4:50pm FC</i>	<i>23</i>	<i>24</i>	<i>25 Respite 10:00am to 3:00pm LV</i>
<i>26</i>	<i>27</i>	<i>28 Bowling 3:00pm to 4:30pm FFEC</i>	<i>29 Fitness 4:00pm to 4:50pm FC</i>			

March 2012

SUN	MON	TUE	WED	THU	FRI	SAT
<i>Key Franklin Activities in Italics and FC</i>	Key Longview Activities In Bold and LV			1 <i>Potluck and Bingo 5:30pm to 7:30pm FC</i>	2	3 <i>Respite 10:00am to 3:00pm FC</i>
4	5	6 <i>Bowling 3:00pm to 4:30pm FFEC</i>	7 <i>Fitness Fun 4:00pm to 4:50pm FC</i>	8 <i>Recreation Night 5:30pm to 7:30pm FC</i>	9	10 Respite 10:00am to 3:00pm LV
11	12	13 <i>Bowling 3:00pm to 4:30pm FFEC</i>	14 <i>Fitness Fun 4:00pm to 4:50pm FC</i>	15 <i>Games Galore– St. Patricks Day Party 5:30pm to 7:30pm FC</i>	16	17
18	19	20 Potluck and Bingo 5:30 to 7:30pm LV <i>Bowling 3:00 to 4:30pm FFEC</i>	21 <i>Fitness Fun 4:00pm to 4:50pm FC</i>	22	23	24
25	26	27 <i>Bowling 3:00pm to 4:30pm FFEC</i>	28 <i>Fitness Fun 4:00pm to 4:50pm FC</i>	29	30	31

Williamson County Parks and Recreation
Therapeutics Division
1120 Hillsboro Road
Franklin, TN 37064

Pre-Sorted
Standard
U.S.Postage
PAID
Franklin, TN
Permit No.70

Next Quarter

Camp Will Registration

Spring Dance

Potluck & Bingo

Fitness Fun

Super Saturday Respite

Bowling