

How much can you make and get Food Stamps?

You may be able to get Food Stamps -

If the number of people in your household is: **And** Your total monthly income is less than:



1	\$1,107
2	\$1,484
3	\$1,861
4	\$2,238
5	\$2,615
6	\$2,992
7	\$3,369

What is the most Food Stamps you could get?

If the number of people in your household is:

This is the **most** Food Stamps your size family could get each month:

1	\$162
2	\$298
3	\$426
4	\$542
5	\$643
6	\$772
7	\$853



How much you could get also depends on your income and other things. **To get an idea how much YOU could get, call Legal Aid at 1-800-262-6817.** It's a free call.

To apply for Food Stamps, go to or call the DHS office in your county.

Need their address and phone number? Call the Family Assistance Service Center at 1-866-311-4287. It's also a free call.

Legal Aid Society Of Middle Tennessee And The Cumberlands

Legal Aid is on the internet at www.las.org

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